

CITY SCENE

RECREATION PROGRAMS, RECREATION CENTER, AND CITY INFORMATION



CITY OF
WOODSTOCK
ILLINOIS

AWARD WINNING BURGERS



✦ D.C. COBB'S ✦



ON THE WOODSTOCK SQUARE

**\$10 OFF
\$50
PURCHASE**

*ONE COUPON PER
HOUSEHOLD EXPIRES
7/30/2021



**\$5 OFF
\$25
PURCHASE**

*ONE COUPON PER
HOUSEHOLD EXPIRES
7/30/2021

WWW.DCCOBBBS.NET



It's full steam ahead for the Recreation Department's summer programming including full operations at Woodstock Water Works, the Challenge Road Run, we.can.tri triathlon, the Playground Program, adult softball, T-Ball/Bittie Ball, dance and all the other programming the department traditionally offers.

Please note that we have changed the dates for the 44th Annual Woodstock Challenge Road Run and the 10th Annual we.can.tri Triathlon. The tri will be held on Saturday, June 19 and the Challenge on **Friday evening**, July 16 in conjunction with the Summer in the Park celebration.

Although we are offering our full slate of programs, we anticipate there will be modifications similar to what we experienced over the last year including wearing face masks and social distancing. This article was submitted to the printer on April 23 when the State was in Phase 4 of the Restore Illinois Program. Please refer periodically to our website- www.woodstockrecreationdepartment.com and our Facebook page for updates especially if the State changes its mitigation policies. Constant Contact email messages will also be sent with updates.

In Phase 4, the maximum capacity of Woodstock Water Works is 600 for open swim. If the restricted capacity continues, we will sell season passes to City of Woodstock residents only for the 2021 season. Due to the capacity limits, season pass holders will need to make a reservation in advance online. New this year, we will also sell advanced daily tickets online. Season pass holders will have seven days in advance to reserve tickets; if 600 have not been reserved, daily tickets may be purchased three days in advance. If we do not reach the limit of 600 pool pass reservations and advance tickets sales, daily admission at the door will be first come/first served. Again, keep an eye on the Rec Department's Facebook and web page for daily updates.

If the State increases the capacity limits for Woodstock Water Works, this policy will be revisited.

Let me assure you that we are working hard to provide the Woodstock community with a wide variety of programming for all ages that are safe and in compliance with the State of Illinois' mitigation policies.

Recreation Department

Dave Zinnen, Director

815.338.4363 · dzinnen@woodstockil.gov

REC DEPARTMENT INFORMATION

WHO WILL ANSWER YOUR QUESTIONS?...

Dave Zinnen, Recreation Director

Dave oversees the operation of the Recreation Center, Woodstock Water Works, and the recreation programs offered through the City. He is the Woodstock Challenge Race Director, Heatwave Softball Tournament Director, oversees the Boys and Girls Developmental Basketball League and Co-Director of we.can.tri Triathlon.

Email Dave at dzinnen@woodstockil.gov.

Mary Lynn Lisk, Recreation Center Manager

Mary Lynn serves as both the Recreation Center Manager and the Office Manager for the Recreation Department. She processes the Recreation Center billing and reviews financial assistance requests for recreation programs.

Email Mary Lynn at mlisk@woodstockil.gov.

Alan Dunker, Recreation Program Manager

Alan coordinates ball field and soccer field reservations, adult leagues, youth fitness and sports, adult programs and tween programs.

Email Alan at adunker@woodstockil.gov.

Renée Torrez, Recreation Program Manager

Renee coordinates dance, creative arts, early childhood programs and the Summer Playground Program. Corporate membership for the Recreation Center is coordinated by Renée.

Email Renée at rtorrez@woodstockil.gov.

Becky Vidales, Recreation Program Manager

Becky coordinates aquatics, fun for kids, seniors, tweens and Woodstock Water Works, in addition to the Recreation Center group fitness programs.

Email Becky at bvidales@woodstockil.gov.



820 Lake Ave., Woodstock
815.338.4363

www.woodstockrecreationdepartment.com

PARKS AND RECREATION COMMISSION

Mike McCleary, Chair; Bruce Farris, Chris Neuhart, Pete Riis and Margaret Miller are volunteer Commission members representing diverse interests within our community for the development and improvement of parks and recreation opportunities in Woodstock. The commission meets the second Tuesday of each month at 7:00 pm at Woodstock City Hall, 121 W Calhoun Street.

PARK FACILITIES – RESERVATION SCHEDULE

The Recreation Department coordinates the schedules of community athletic organizations, recreation programs and special events within the city parks. We try to have all major events scheduled before March 1. If you are planning a major event, please contact Alan Dunker at adunker@woodstockil.gov or call the Recreation Department at 815.338.4363.

FINANCIAL ASSISTANCE AVAILABLE FOR RECREATION PROGRAMS

The Recreation Department has financial assistance available for recreation department programs for families who reside within Woodstock Corporate City Limits. Assistance is available for individuals and families with low incomes, allowing either a 50% or 100% discount on program fees. Applications are required plus proof of residency, age and eligibility (participation in the school lunch program, Illinois Public Aid, Head Start, SNAP program, and current proof of all household income). Complete details and financial aid guidelines are available from Mary Lynn Lisk, Recreation Department Office Manager, at 815.338.4363 or mlisk@woodstockil.gov.

WOODSTOCK WATER WORKS



Season Dates: Monday, May 31– Sunday, August 15
Emricson Park | 815.338.4896 (in season only)
1313 Kishwaukee Valley Road



OPEN SWIM HOURS

Daily
1:00–6:00pm

**Woodstock Water Works will open at
12:45pm for PASS HOLDERS ONLY**

LAP SWIM HOURS

Begins May 29

Pool Pass or \$3 Drop-in Daily Fee

Mon–Fri.....Noon–1:00pm (8 lanes) (18 Years & Up)

Sun–Sat.....Noon–1:00pm (8 lanes) (18 Years & Up)

Mon –Fri.....6:00–7:00am (8 lanes) (18 Years & Up)

Tue & Thu6:15–7:00pm (6 Lanes) (14 Years & Up)

POOL CLOSINGS

- Woodstock Water Works may close early on days of inclement weather or if lightning is sighted or thunder is heard.
- If Woodstock Water Works does not open at 1:00 pm due to inclement weather, the earliest it will open, weather permitting, is 2:00 pm.
- Woodstock Water Works reserves the right to close the pool due to low attendance. The pool will close at 4:00 pm if attendance is 25 or less.
- Woodstock Water Works reserves the right to close specific areas of the facility so the rest of the facility can remain open.
- Health code requires the pool to be cleared for a maximum period of 1 hour in the event of a fecal/vomiting accident so that chemical adjustments can be made to the pool water.
- Woodstock Water Works reserves the right to close the facility for special events and programs.

RULES FOR A HASSLE-FREE SUMMER

- ALL children under the age of 10 MUST have adult supervision. Supervisor must be no younger than 16 years of age.
- All swimmers must wear a lined swimming suit. Street clothing such as cut-off shorts, t-shirts, workout clothes etc. is not permitted.
- Aqua diapers (not Huggies® Little Swimmers® or Pampers® Splashers) are required for any child that is not toilet trained.
- Flotation devices of any kind are NOT allowed in the lap or rec pool (water wings, life jackets, puddle jumpers, rafts, noodles, swim suits with flotation, etc.).
- Facemasks, snorkels and fins are not allowed in the facility.
- Umbrellas and tents may not be staked in the ground.
- To utilize the wading pool, children must be 6 years and younger and must be accompanied by a guardian 16 years and older.
- Woodstock Water Works is not responsible for lost/stolen items.
- Grilling is not allowed at the WWW facility.

WOODSTOCK WATER WORKS

In Phase 4, the maximum capacity of Woodstock Water Works is 600 for open swim. If the restricted capacity continues, we will be selling season passes to City of Woodstock residents only for the 2021 season. Due to the capacity limits, season pass holders will need to make a reservation in advance online. New this year, we will also sell advanced daily tickets online. If we do not reach the limit of 600 pool pass reservations and advance tickets sales, daily admission at the door will be first come/first served. Again, keep an eye on the Rec Department's Facebook and web page for daily updates.

DAILY RATES

You can purchase daily admission tickets online at www.woodstockrecreationdepartment.com up to three days in advance. If we do not reach the 600 person capacity, daily admission will be sold at the door on a first come first served basis.

	Residents	Non-Residents
Adult	\$8	\$10
Children (ages 4-17)	\$6	\$8
Adult Lap Swim Only	\$3	\$3

Children, ages 3 & under, are admitted free with a paid adult.

SEASON POOL PASS INFORMATION

If you are a first time season pool pass purchaser, you must purchase season pool passes in person at the Recreation Center. Each family member four years or older must have their picture taken. Proof of residence and all children's birth certificates are required for first time pass holders.

If you purchased season pool passes in past years and still have your pool pass, you can renew your passes online at www.woodstockrecreationdepartment.com.

If you purchased season pool passes in past years and DO NOT have your pool passes or NEED updated pictures, you will be required to come to the Recreation Center, 820 Lake Avenue, to update photos and have new passes printed.

ALL POOL PASS HOLDERS WILL BE REQUIRED TO MAKE A RESERVATION IN ADVANCE, BUY PURCHASING A FREE TICKET ONLINE.

	Residents
Adult	\$45
Children (ages 4-17)	\$40
Replacement Pass	\$5

PASSES WILL GO ON SALE FOR CITY OF WOODSTOCK RESIDENTS ON MONDAY, MAY 10.

To assist with crowds, residents can purchase passes at **Woodstock Water Works, 1313 Kishauke Valley Road**, on the following days:

May 10
9:00 am – 1:00 pm

May 10, 11, 12
3:00 – 6:00 pm

May 15
9:00 am – Noon



WOODSTOCK WATER WORKS

PRIVATE POOL RENTAL *SUCH A SPLASH*

RENT THE POOL AFTER OPEN
SWIM HOURS FOR YOUR
FAMILY GET-TOGETHER OR
CORPORATE PARTY!

Rentals are booked at the
Recreation Department and fees
must be paid in full at time of
reservation.

RESERVE POOL AND PAVILIONS
BEGINNING MAY 10

POOL RENTAL FEES

1 - 50 people	\$150
51 - 100	\$250
101 - 150	\$350
151 - 200	\$450
201 - 250	\$550
251 and up*	\$600

*Exclusive use of entire pool

AVAILABLE DATES & HOURS

June 5 - August 3

Saturday	10:00 am – 12:00 pm
Saturday	7:15 pm – 9:15 pm
Sunday	7:15 pm – 9:15 pm
Monday	7:15 pm – 9:15 pm
Tuesday	7:15 pm – 9:15 pm

GENERAL RENTAL INFORMATION

- Woodstock Water Works is divided into 6 sections for facility rentals. Unless you reserve the entire facility, exclusively, you may share the pool with other groups.
- Saturday morning pool rentals will be required to exit the facility before open swim.
- Rental rates include full supervision by our professional guarding staff.
- Contact the Recreation Office at 815.338.4363 for more information.
- Both East & West Pavilions are available to rent during private pool rentals – first come, first served. The fee for a pavilion during a private rental is \$25 and must be reserved at the Recreation Department.
- Grills are not allowed during private rentals.

**SWIM LESSON
INFORMATION** | Please see **PAGE 12** for specific
swim lesson policies



WOODSTOCK WATER WORKS

SPLASHTASTIC SPECIALS

FRIDAY, JUNE 4 • FAMILY DAY

\$20 admission per family. Immediate family members only

**SATURDAY, JULY 10 • MEDICAL STAFF
APPRECIATION DAY**

Please bring work I.D.

SUNDAY, AUGUST 1 • GRANDPARENT DAY

Grandparents FREE with paying grandchild(ren).

THURSDAY, AUGUST 5 • FAMILY DAY

\$20 admission per family. Immediate family members only.

POOL PASS PERKS

DADS N' DONUTS

DONUT spend Father's Day morning anywhere else but Woodstock Water Works. Dads are free with paying child. Donuts will be served.

Sunday, June 20
Time: 10am–noon



BIG GAME NIGHT

Family Night! Life size games will be added throughout the facility. Noodles will be allowed in the pool during this fun night!

Thursday, June 17
Time: 7:15–9:15pm

PIRATE DAY

Ahoy Mateys! Walk the plank, set your homemade boat afloat and join Pirate Matt for fun morning on deck!

Sunday, July 11
Time: 10am–noon



LUAU

Aloha! Join the Woodstock Water Works Staff for a good old fashion Luau including dancers, and the Limbo!

Saturday, July 24
Time: 8:30–11:00am



TWEEN NIGHT

TWEENS 5th TO 8th GRADE

Tween Night | Every Wednesday

Tweens, 5th, 6th, 7th & 8th Grade, can enjoy Wednesday nights at Woodstock Water Works. An excellent opportunity to get out and have fun!!!

Wednesday, June 2–August 4

Time: 7:30–10:00pm (parents, please pick up promptly at 10:00pm)

Fee: \$5 Non-pass holder/FREE Season pass holder



TWEEN NIGHT EXTREME

JAWS ON THE WATER

Monday, June 7

Shark Week comes to WWW a little early! Watch the classic movie Jaws around the pool deck. Will you dare to go into the water again?! Concession stand will be open.

Time: 7:30–10:00 pm (parents, please pick up promptly at 10:00 pm)

Time: \$5 per tween

GLOW PARTY

Monday, July 5

Woodstock Water Works will be aglow. Be sure to wear your glow in the dark accessories for this fun night full of raffles, games, prizes and Music in Motion.

Time: 7:30–10:00 pm (parents, please pick up promptly at 10:00 pm)

Time: \$5 per tween

21 YEARS AND OLDER

FRIDAY AFTER DARK

JUNE 25 • JULY 23 • AUGUST 13

Adults Only! Bring your rafts and set up your picnic area for a Friday Night under the stars. Napoli's will be open for concession and a cash bar! Cheers to a fun night out with no kids allowed!

Time: 7:30–10:30pm

Fee: \$10/adult

ID'S will be checked at the door.

POOL PAVILION RENTAL INFORMATION

Woodstock Water Works rents out the West Pavilion during open swim hours. Rentals are available in 2-hour time blocks.

\$25 Residents/\$45 Non-Resident

PAVILION RENTALS DO NOT INCLUDE DAILY ADMISSION

JUNE 1 – AUGUST 15 | 1:00 – 6:00 pm



GROUP RENTALS

Looking for a place to bring your school groups, day camps or youth organization? Woodstock Water Works has designated a space for groups during the weekdays from 10:00 am – Noon. Contact Becky Vidales at bvidales@woodstockil.gov or 815.338.4363 after May 10th to reserve your date!



CITY OF WOODSTOCK RESIDENT

Registration begins
Monday, May 10, 2021
at 9:00 am

NON-RESIDENT

Registration begins
Wednesday, May 12, 2021
at 9:00 am



TAKE A CLOSER LOOK

- Phone registrations will not be accepted.
- Don't wait until the last minute! Register right away. In order to provide well organized programs for our participants all registration must be received one week prior to the start of class.
- Late registration will be accepted if there is space and the fee will increase \$5 per registration.
- Registration confirmation will **NOT** be mailed, but can be emailed if a legible email address is provided on the registration form.
- Waitlist participants will be called if/when openings become available or new classes are formed. There is no charge to be included on a waitlist.
- Registrant must be age or grade listed by the first day of program. Grade applies to the 2021–2022 school year.



RESIDENCY

The Recreation Department is funded by City of Woodstock taxpayers. This subsidy is supported from the general corporate (real estate) tax and is the basis for our Resident/Non-Resident fee structure. The distinction is based on your place of RESIDENCE and whether or not it is within corporate city limits. If you are unsure whether you live within the corporate city limits, call us and we will let you know. The City of Woodstock reserves the right to ask for verification of residence.

Woodstock Recreation Department is a department of the City of Woodstock and is not a park district (separate taxing body).



FIND US ON FACEBOOK

SEARCH FOR WOODSTOCK RECREATION DEPARTMENT
WOODSTOCK WATER WORKS



FIND US ON INSTAGRAM

SEARCH FOR woodstockrecreationdept
woodstockwaterworks

www.woodstockrecreationdepartment.com

RECREATION INFO AT YOUR FINGERTIPS

Recreation Department information is available 24 hours a day on the Woodstock Recreation Department website.

REGISTRATION INFORMATION

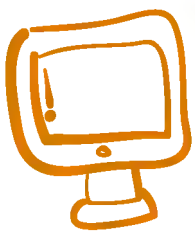


820 Lake Avenue, Woodstock
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TWO WAYS TO REGISTER Online • Walk-In

City of Woodstock **Resident** Registration begins
MONDAY, MAY 10, 2021 AT 9:00 am
Non-Resident Registration begins **WEDNESDAY, MAY 12, 2021 AT 9:00 am**

ONLINE



Visit our website at www.woodstockrecreationdepartment.com and click on Program Registration.

NEW CUSTOMERS	RETURNING CUSTOMERS
<p>When adding your household to our database please remember that a household is defined as parent(s) and dependent children (under 18) living at the same address. Maximum of two adults is allowed in a household. Be sure to enter the address where you reside. Residency information is on page 8. If you have questions regarding this please contact our office at 815.338.4363.</p> <p>Please add all members of your family when initially setting up your household. To add members at a later date you will be required to visit our office.</p>	<p>If you have registered for a program or purchased a pool pass in previous years, please call the Recreation Department for your username and password to eliminate duplicate information and registration delays.</p>

WALK-IN



Come into the Woodstock Recreation Center, 820 Lake Avenue, during office hours and staff will assist with the registration process. Please bring a completed registration form and payment (cash, check, Visa/Mastercard/Discover).

After hours, a night drop is located to the right of the front door at the Woodstock Recreation Center.

AMERICAN RED CROSS LEARN TO SWIM PROGRAM LEVEL I-VI

Age: 4 & Up

The American Red Cross Learn to Swim Program is designed to enhance the participant's ability to progress from one level to the next. Water safety skills will be taught at all levels. It is not unusual for a child to repeat a level more than once before passing to the next level. Attention span is also a key skill in passing from one level to the next. Registration will not be accepted at Woodstock Water Works. 8 classes Min/Max: 6/10

Location: Woodstock Water Works

Fee: \$75 Resident/\$95 Non-Resident

*A \$10 late registration fee will be applied to the class fee when registering three days prior to the start date

LEVEL I

Feel comfortable in the water and enjoy water safely. Skills include: entering and exiting the water unassisted, blowing bubbles with mouth and nose, floating with support, arm action, kicking and water safety skills.

	DATES	DAYS	TIME	Program #
SESSION I	Jun 14-24	M-Th	8:30-9:10 am	121011-A
	Jun 14-24	M-Th	9:15-9:55 am	121011-B
	Jun 14-24	M-Th	6:15-6:55 pm	121011-D
SESSION II	Jun 28-Jul 08	M-Th	8:30-9:10 am	121011-E
	Jun 28-Jul 08	M-Th	9:15-9:55 am	121011-F
	Jun 28-Jul 08	M-Th	6:15-6:55 pm	121011-H
SESSION III	Jul 12-22	M-Th	8:30-9:10 am	121011-J
	Jul 12-22	M-Th	9:15-9:55 am	121011-K
	Jul 12-22	M-Th	6:15-6:55 pm	121011-N

LEVEL II

Success with fundamental skills such as floating without support, using simultaneous and alternating leg and arm actions, introduction to treading water, finning, changing positions from front to back and water safety skills.

	DATES	DAYS	TIME	Program #
SESSION I	Jun 14-24	M-Th	8:30-9:10 am	121012-A
	Jun 14-24	M-Th	9:15-9:55 am	121012-B
	Jun 14-24	M-Th	6:15-6:55 pm	121012-D
SESSION II	Jun 28-Jul 08	M-Th	8:30-9:10 am	121012-E
	Jun 28-Jul 08	M-Th	9:15-9:55 am	121012-F
	Jun 28-Jul 08	M-Th	6:15-6:55 pm	121012-H
SESSION III	Jul 12-22	M-Th	8:30-9:10 am	121012-J
	Jul 12-22	M-Th	9:15-9:55 am	121012-K
	Jul 12-22	M-Th	6:15-6:55 pm	121012-N

LEVEL III

Additional guided practice to skills from Level II, learning treading water, front crawl, back crawl, beginning head first entries, introduction to scissors kick, elementary back stroke, rotary breathing, introduction to the dolphin kick and water safety skills.

	DATES	DAYS	TIME	Program #
SESSION I	Jun 14-24	M-Th	8:30-9:10 am	121013-A
	Jun 14-24	M-Th	9:15-9:55 am	121013-B
	Jun 14-24	M-Th	6:15-6:55 pm	121013-D
SESSION II	Jun 28-Jul 08	M-Th	8:30-9:10 am	121013-E
	Jun 28-Jul 08	M-Th	9:15-9:55 am	121013-F
	Jun 28-Jul 08	M-Th	6:15-6:55 pm	121013-H
SESSION III	Jul 12-22	M-Th	8:30-9:10 am	121013-J
	Jul 12-22	M-Th	9:15-9:55 am	121013-K
	Jul 12-22	M-Th	6:15-6:55 pm	121013-N

LEVEL I-III INTENSIVE PRIVATE LESSONS

Age: 3&Up

An instructor will be paired with a student during this one on one individualized instruction according to their swimming needs. Individuals will be taught by our certified staff. No make-ups are available. Must be able to attend all four days. 5 Classes Min/Max: 1/5

Location: Woodstock Water Works
Fee: \$110 Resident/\$130 Non-Resident

DATES	DAYS	TIME	Program #
Jun 10-14	M-F	8:30-9:00 am	121121-A
Jun 10-14	M-F	9:10-9:40 am	121121-B
Jun 10-14	M-Th	6:15-7:00 pm	121121-C

SWIM LESSONS

LEVEL IV/V

Level IV develops confidence in front and back crawl and elementary backstroke, begin learning the breaststroke, butterfly, sidestroke, open turns, diving and water safety skills.

Level V provides further coordination of strokes and working on flip turns, surface diving and water safety skills.

	DATES	DAYS	TIME	Program #
SESSION I	Jun 14-24	M-Th	8:30-9:10 am	121014-A
	Jun 14-24	M-Th	9:15-9:55 am	121014-B
SESSION II	Jun 28-Jul 08	M-Th	8:30-9:10 am	121014-E
	Jun 28-Jul 08	M-Th	9:15-9:55 am	121014-F
SESSION III	Jul 12-22	M-Th	8:30-9:10 am	121014-J
	Jul 12-22	M-Th	9:15-9:55 am	121014-K



PARENT TOT SWIM TIME

Age: 0.5-3

Woodstock Water Works staff will lead you and your child in a half-hour class with songs and activities. Then for the next hour you will have the pool to yourself in an unstructured open swim time! We ask that only one parent or guardian accompanies the child during the 1/2 hour class time. Min/Max: 8/30

Location: Woodstock Water Works

	SESSION	PROGRAM #
Day/Time:	Jun 10	111151-A
	Th/6:15-8:00 pm	
Fee:	\$20 Resident /\$30 Non-Resident	
Fee as of Jun 4:	\$25 Resident /\$35 Non-Resident	

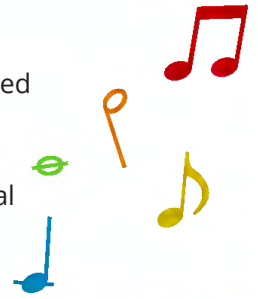
	SESSION	PROGRAM #
Day/Time:	Jul 10	111151-B
	Sa/8:30-9:45 am	
Fee:	\$20 Resident /\$30 Non-Resident	
Fee as of Jul 4:	\$25 Resident /\$35 Non-Resident	

	SESSION	PROGRAM #
Day/Time:	Jul 29	111151-C
	Th/6:15-8:00 pm	
Fee:	\$20 Resident /\$30 Non-Resident	
Fee as of Jul 23:	\$25 Resident /\$35 Non-Resident	

SWIM PROGRAM AQUATICS POLICIES

- Aquatics classes will be cancelled only in the event of severe weather.
- When the air temperature is cool or the weather is questionable, every effort will be made to conduct class as long as it is safe. Safety procedures and out-of-water instruction will take place during cooler weather when appropriate.
- If classes are cancelled check email, text messages (if mobile carrier is on file), www.woodstockrecreationdepartment.com, or Facebook for updated information.
- Fridays are used for rain dates. Two rain dates are available each session.
- Refunds/credits will not be issued due to lessons missed for inclement weather.

Wiggle, giggle, dance and sway, have some fun the Rock 'n' Kids way! Tot Rock and Kid Rock are movement-based learning and imaginative play classes with music. All class procedures are designed to keep staff and students safe. Activities are age appropriate by class and will include songs and rhymes, rhythm and coordination, fine and gross motor, imagination and sensory, listening and following directions skills. With a focus on STEAM learning, each session will have a new educational theme! Join us for music that really can't be beat! www.rockitkids.com 4 Classes Min/Max: 4/10



TOT ROCK

Age: 1 with parent

Instructor: Kid Rock Staff
Location: Rec Center MP Room A
Day/Time: W/9:15-9:55 am



	SESSION	PROGRAM #
Fee:	Jun 09 – 30	116071-A
	\$45 Resident/\$65 Non-Resident	
Fee as of Jun 3:	\$50 Resident/\$70 Non-Resident	
	SESSION	PROGRAM #
Fee:	Jul 07 – 28	116071-B
	\$45 Resident/\$65 Non-Resident	
Fee as of Jul 1:	\$50 Resident/\$70 Non-Resident	



KID ROCK I & II

Instructor: Kids Rock Staff
Location: Rec Center MP Room A

KID ROCK I

Age: 2 with parent

Day/Time:	W/10:00-10:40am	
	SESSION	PROGRAM #
Fee:	Jun 09-30	116081-A
	\$45 Resident/\$65 Non-Resident	
Fee as of Jun 3:	\$50 Resident/\$70 Non-Resident	
	SESSION	PROGRAM #
Fee:	Jul 07 – 28	116081-B
	\$45 Resident/\$65 Non-Resident	
Fee as of Jul 1:	\$50 Resident/\$70 Non-Resident	

KID ROCK II

Age: 3-4 without parent

Day/Time:	W/10:45-11:25am	
	SESSION	PROGRAM #
Fee:	Jun 09-30	116091-A
	\$45 Resident/\$65 Non-Resident	
Fee as of Jun 3:	\$50 Resident/\$70 Non-Resident	
	SESSION	PROGRAM #
Fee:	Jul 07 – 28	116091-B
	\$45 Resident/\$65 Non-Resident	
Fee as of Jul 1:	\$50 Resident/\$70 Non-Resident	



SOCCER CAMPS

TINY TYKES SOCCER INTERNATIONAL CAMP

Age: 3-6

A fun introduction to soccer influenced by the very popular year-round Tiny Tykes curriculum. Includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching. Participants will receive a ball, a T-shirt and a player evaluation. 5 Classes Min/Max: 5/25

Instructor: International Sports Coaches
Location: Davis Road Soccer Field #4
Day/Time: M-F/8:00-9:00am

SESSION	PROGRAM #
Jun 21-25	116191-A

Fee: \$100 Resident/\$120 Non-Resident
Fee as of Jun 7: \$105 Resident/\$125 Non-Resident



HALF DAY SOCCER CAMP

Age: 6-14

Challenger Sports, the leading soccer camp company in North America, has combined the most popular elements of their two existing industry-leading camp programs, British Soccer and Tetra Brazil, integrating them into a collection of the most effective soccer practices used by youth teams around the world. The Challenger International Soccer Camp reflects the truly global nature of the sport today and provides young players with a wide variety of coaching styles, practices, and influences that will help them develop a well-rounded skill set. We have taken the best coaching methodologies and practices from England, Brazil, Spain, USA and France and have woven them together in a multi-faceted on and off-field coaching experience. Participants will receive a ball, a T-shirt and a player evaluation. 5 Classes Min/Max: 20/40

Instructor: International Sports Coaches
Location: Davis Road Soccer Field #3
Day/Time: M-F/9:15am-12:15pm

SESSION	PROGRAM #
Jun 21-25	123033-A

Fee: \$160 Resident /\$180 Non-Resident
Fee as of Jun 7: \$165 Resident /\$185 Non-Resident





PARENT TOT GYMNASTICS

Age: 1-2

This class is designed to enhance motor, listening and social skills through fun gymnastics oriented activities. An adult is expected to actively participate with their child. These classes may be combined with participants from other districts, final min/max is determined by Corkscrew. 5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry
Day/Time: M/9:15-9:45am

SESSION	PROGRAM #
May 03-31	116142-A
Fee:	\$56 Resident/\$76 Non-Resident
Fee as of May 3:	\$61 Resident/\$81 Non-Resident

SESSION	PROGRAM #
Jun 07-Jul 5	116142-B
Fee:	\$56 Resident/\$76 Non-Resident
Fee as of Jun 1:	\$61 Resident/\$81 Non-Resident

SESSION	PROGRAM #
Jul 12-Aug 09	116142-C
Fee:	\$56 Resident/\$76 Non-Resident
Fee as of Jul 6:	\$61 Resident/\$81 Non-Resident

MIGHTY TWISTERS

Age: 3-4

An introduction to basic gymnastic skills that includes tumbling, low bar, floor beam and motor skills. Children must be potty trained and able to attend class without parent assistance. These classes may be combined with participants from other districts, final min/max is determined by Corkscrew. 5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry



GIRLS

Day/Time: W/5:30-6:15pm

SESSION	PROGRAM #
May 05-Jun 02	116161-A
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of May 3:	\$80 Resident/\$100 Non-Resident

SESSION	PROGRAM #
Jun 09-Jul 07	116161-B
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of Jun 3:	\$80 Resident/\$100 Non-Resident

SESSION	PROGRAM #
Jul 14-Aug 11	116161-C
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of Jul 8:	\$80 Resident/\$100 Non-Resident

BOYS

Day/Time: Th/4:30-5:15pm

SESSION	PROGRAM #
May 06-Jun 03	116163-A
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of May 3:	\$80 Resident/\$100 Non-Resident

SESSION	PROGRAM #
Jun 10-Jul 08	116163-B
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of Jun 4:	\$80 Resident/\$100 Non-Resident

SESSION	PROGRAM #
Jul 15-Aug 12	116163-C
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of Jul 9:	\$80 Resident/\$100 Non-Resident

HORSEBACK RIDING

TROTting TOTS

Age: 3-6

Horseback Riding, especially for young children, opens developmental doorways that can lead to a happy and balanced life. This program is designed for 3-6 year olds and builds on the benefits of horseback riding to sharpen focus, instill confidence and improve muscle coordination, core strength, balance and flexibility. Your young child will learn how to communicate with the horse through body signals and cues. They will learn how to groom and saddle a horse as well. Games, songs and body movement in the saddle help develop not only the mechanics of horseback riding but also your child's listening skills, sense of responsibility and creative expression. This class will be one on one with an instructor for 40 minutes for 4 classes. Time slots are available Monday-Saturday. **Register with the Recreation Department and then contact John White Stables (815.245.2585 or whitelisajo@aol.com) to set up your time slot.** 4 Classes Min/Max: 1/15

Instructor: John White Stables Staff
Location: John White Stables, 4319 McCauley Rd
Day/Time: M-Sa/10:00am-6:00pm

SESSION	PROGRAM #
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Apr 26-Aug 27	116041-A
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Fee: \$135 Resident /\$155 Non-Resident

HORSEBACK RIDING CAMP

Age: 6-16

All you horse crazy kids get your friends and sign up to attend a summer camp together! Two sessions of a four-day camp will be offered at John White Stables, a beautiful riding facility located a few miles from Woodstock. Activities will focus on the main attraction- horses and riding! We will have two rides a day. We will also learn about horses and their care, participate in crafts and games and make good friends. Please bring a sack lunch. www.johnwhitestables.com. 4 Classes Min/Max: 3/12

Instructor: John White Stables Staff
Location: John White Stables, 4319 McCauley Rd
Day/Time: Tu-Fri/10:00am-3:00pm

JUNE CAMP

SESSION	PROGRAM #
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Jun 8-11	123011-A
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Fee: \$295

Fee as of Jun 2: \$305

AUGUST CAMP

SESSION	PROGRAM #
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Aug 3-6	123011-B
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Fee: \$295

Fee as of Jul 28: \$305



HORSEBACK RIDING

Age: 6-18

John White Stables offers a lesson program for all ages. The focus of our program is to provide our riders with confidence, self esteem, a sense of achievement, and an understanding of horses and horsemanship in a safe environment. As their skills develop, riders will be encouraged to participate in local academy shows where they will ride on of our horses and compete against other beginning riders. Helmets are provided and must be worn, along with long pants and leather tie-on shoes or pull up boots (no tennis shoes). The child's parent/guardian must sign a release form. For more information visit the website www.johnwhitestables.com

4 Classes Min/Max: 2/5

Instructor: John White Stables Staff
Location: John White Stables, 4319 McCauley Rd
Day/Time: M/4:00-5:00pm

SESSION	PROGRAM #
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May 10-31	127011-A
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Fee: \$135 Resident/\$155 Non-Resident

Fee as of May 4: \$140 Resident/\$160 Non-Resident

SESSION	PROGRAM #
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Jun 07-28	127011-B
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Fee: \$135 Resident/\$155 Non-Resident

Fee as of Jun 1: \$140 Resident/\$160 Non-Resident

SESSION	PROGRAM #
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Jul 05-26	127011-C
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Fee: \$135 Resident/\$155 Non-Resident

Fee as of Jun 29: \$140 Resident/\$160 Non-Resident

SESSION	PROGRAM #
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Aug 02-23	127011-D
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Fee: \$135 Resident/\$155 Non-Resident

Fee as of Jul 27: \$140 Resident/\$160 Non-Resident

STEAM SURVIVOR

Age: 7-12

In this camp we'll take on engineering and design challenges, work with a team to complete timed tasks, and use partnerships to brainstorm and explore new possibilities to solve unique problems. Throughout the camp, students will be challenged to design and build objects, work cooperatively with others, and compete to be the fastest and most precise competitors in the class. Although the tasks will be challenging, we'll all work together in this fun and enriching camp to be true STEAM survivors! Min/Max: 8/12

Instructor: Snapology Staff
Location: Rec Center MP Room
Day/Time: Monday 6:00-7:00 pm

	SESSION	PROGRAM #
	Jun 14	127261-A
Fee:	\$15 Resident/\$22 Non-Resident	
Fee as of Jun 1:	\$20 Resident/\$27 Non-Resident	



SCIENCE. TECHNOLOGY. ENGINEERING. ART. MATH

JUNIOR ENGINEERS

Age: 3-6

Young students build fun and simple models using DUPLO® blocks. By playing with and manipulating the models, they experience pulleys, levers, gears, wheels and axles while exploring energy, buoyancy, and balance. Classes include free-building time to promote creativity. Min/Max: 6/8

Instructor: Snapology Staff
Location: Rec Center MP Room
Day/Time: Monday 6:00-7:00 pm

	SESSION	PROGRAM #
	Jun 7	127262-A
Fee:	\$15 Resident/\$22 Non-Resident	
Fee as of Jun 1:	\$20 Resident/\$27 Non-Resident	

SPLAT! SQUISH! SCULPT! MINI CAMP WITH PARENT

Age: 3-6

This hands-on art camp is an utter fantastically orchestrated mess! Delving hands first into all things tactile, this camp has us working with dough, bubbles, paint and more. Not to worry-we'll hose them down, so dress for a mess! 2 Classes Min/Max: 3/10

Instructor: Holly Adkins
Location: Rec Center MP Room A
Day/Time: M/Tu 9:30-10:15 am

	SESSION	PROGRAM #
	Jul 26-27	116021-A
Fee:	\$37 Resident/\$55 Non-Resident	
Fee as of Jul 20:	\$42 Resident/\$60 Non-Resident	



MULTIMEDIA MADNESS CAMP

Age: 8-11

A fantastic camp for the eclectic young artist. This class is designed to incorporate drawing, painting, sculpture, jewelry design and textiles....a perfect place for the artist who loves it all! 3 Classes Min/Max: 3/10

Instructor: Holly Adkins
Location: Opera House Community Room
Day/Time: M-W 9:00-10:00 am

	SESSION	PROGRAM #
	Jun 21-23	127361-A
Fee:	\$75 Resident/\$95 Non-Resident	
Fee as of Jun 15:	\$80 Resident/\$100 Non-Resident	



FUN FOR KIDS

DRAWING AND PAINTING CAMP

Age: 9–12

This 3-day camp is designed to provide a basics course for young summer artists. We will teach introductory drawing and painting techniques including line, form, proportion, value, texture and perspective while learning about the many tools of the trade.

3 Classes Min/Max: 3/10

Instructor: Holly Adkins
Location: Rec Center MP Room A
Day/Time: M–W 1:00–2:00 pm

SESSION	PROGRAM #
Jul 26–28	127362-A
Fee:	\$75 Resident/\$95 Non-Resident
Fee as of Jul 20:	\$80 Resident/\$100 Non-Resident



KINDNESS ROCKS

Age: 3–13

Come out for this FREE event and spread kindness! Each budding artist can paint a garden rock and hide it in the park for other visitors to find when they visit the park. One rock and paint supplies are provided. Dress for a mess and feel free to bring your own rock if you would like to take a rock home with you as well. Drop-in any time between 1-3pm to help spread joy in the Park on the Square! Min/Max: 2/15

Instructor: Holly Adkins
Location: Park in the Square
Day/Time: Su 1:00–3:00 pm

SESSION	PROGRAM #
Jun 27	127371-A
Fee:	Free

COLOR WHEEL AND THEORY CAMP

Age: 8–12

Explore the associations colors have with emotions and idea. Learn about the Solstice and the changing balance of night and day through the year. Create your own art projects using paint, pastels, pens or pencils. In Color Theory we can divide the color wheel in half; splitting the colors into warm and cool colors to create vibrant works of art.

4 Classes Min/Max: 3/10

Instructor: Holly Adkins
Location: Rec Center MP Room A
Day/Time: Tu–F 1:00–2:00 pm

SESSION	PROGRAM #
Aug 03–06	127363-A
Fee:	\$95 Resident/\$105 Non-Resident
Fee as of Jul 28:	\$100 Resident/\$110 Non-Resident



CHESS WIZARDS CAMP

Age: 6–12

Join us this Summer for tons of challenging chess lessons, exciting games, and cool prizes. You will improve your chess skills, meet new friends, and work out your most powerful muscle - your brain! Our camps include fun team chess games (like bughouse), recess time (of course), snacks, tournaments, and puzzles. Each camper receives a Chess Wizards T-Shirt, trophy, and puzzle folder. Unleash your brain power and spend some of your break time with Chess Wizards! 5 Classes Min/Max: 10/14

Instructor: Chess Wizards Staff
Location: Rec Center MP Room B
Day/Time: M–F/9:00am–12:00pm

SESSION	PROGRAM #
Jul 19–23	127281-A

Fee: \$185 Resident/\$205 Non-Resident
Fee as of Jul 13: \$190 Resident/\$210 Non-Resident



MAGIC CLASS

Age: 5–12

MAGIC CLASS! Children are guaranteed to have a great time as they learn a collection of fascinating and mesmerizing tricks from the “Magic Team of Gary Kantor”! Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Children are grouped by age and always learn tricks that are age-appropriate. Brand new tricks are always taught at each session! Min/Max: 5/10

Instructor: Magic Team of Gary
Location: Rec Center MP Room A
Day/Time: W/5:00–5:55pm

SESSION	PROGRAM #
Jul 21	127301-A

Fee: \$20 Resident/\$30 Non-Resident
Fee as of Jul 15: \$25 Resident/\$35 Non-Resident

YOUNG REMBRANDTS DRAWING CAMPS

Age: 6–12

WORLD OF DINOSAURS DRAWING CAMP

Travel back in time to the land of the lost. Join Young Rembrandts for a workshop celebrating a favorite topic - dinosaurs! Every day students will learn to use pastels to create impressive and frame-worthy art. Artists will draw and color different types of dinosaurs in varying artistic styles ranging from realism, graphic and cartoon. Perfect for students who love the ancient world of big lizards! No experience necessary. Please wear an old shirt or smock to class each day. 4 Classes Min/Max: 6/15

Instructor: Young Rembrandt Staff
Location: Rec Center MP Room A
Day/Time: M/T/Th/F/10:00am–12:00pm

SESSION	PROGRAM #
Jun 14, 15, 17, 18	127561-A

Fee: \$85 Resident/\$105 Non-Resident
Fee as of Jun 8: \$90 Resident/\$110 Non-Resident

ANIME & MANGA DRAWING CAMP

Why sit in front of the TV and watch cartoons when you can draw amazing characters and awesome scenes of your very own? Join us for five, action-packed days as Young Rembrandts hosts a wonderful Anime and Manga Drawing Workshop. Our students will create dazzling illustrations that are influenced by popular Japanese anime and manga themes. Colorful characters with expressive personalities jump off of the page. Our students will be delighted as we create drawings that emulate the popular anime and manga art styles. Don't miss out on an exciting opportunity to produce wonderful artwork. 4 Classes Min/Max: 6/15

Instructor: Young Rembrandt Staff
Location: Rec Center MP Room A
Day/Time: M–Th/1:00–3:00pm

SESSION	PROGRAM #
Jul 12–15	127561-B

Fee: \$85 Resident/\$105 Non-Resident
Fee as of Jul 6: \$90 Resident/\$110 Non-Resident

PLAYGROUND PROGRAM



Registration now
in progress



PLAYGROUND PROGRAM

Looking for something FUN for your kids this summer? This 6 week program provides fun and safe activities Monday through Friday. Sports and games, arts and crafts, story time, special events and Water Wednesdays are just a few of the things that are planned. Min/Max: 30/60

COUNSELOR MEET & GREET

Friday, June 4
5:00 - 7:00 pm

Olson Elementary School

Please make any special requests
on your registration form.

AM AGE: 4-7

Location: Olson Elementary, 720 W Judd St
Day/Time: M-F/9:00am-12:00pm

SESSION	PROGRAM #
Jun 07-Jul 16 (exc. 7/5)	127001-A

Fee: \$100 Resident/\$120 Non-Resident
Fee as of May 31: \$115 Resident/\$135 Non-Resident

PM AGE: 7-12

Location: Olson Elementary, 720 W Judd St
Day/Time: M-F/1:00-4:00pm

SESSION	PROGRAM #
Jun 07-Jul 16 (exc. 7/5)	127002-A

Fee: \$100 Resident/\$120 Non-Resident
Fee as of May 31: \$115 Resident/\$135 Non-Resident

TENNIS

PEE WEE TENNIS

Age: 4-6

Kids learn tennis the fun way! Our energetic instructions use adaptive equipment and instructional methods to show kids that tennis is as much a "game" as it is a "sport". 6 Classes Min/Max: 3/7

Instructor: Crystal Lake Racket Club Staff
Location: Emricson Park Tennis Courts
Day/Time: M/10:15-11:00am

SESSION	PROGRAM #
Jun 07-Jul 12	116301-A

Fee: \$53 Resident /\$73 Non-Resident
Fee as of Jun 1: \$58 Resident /\$78 Non-Resident

YOUTH TENNIS

Age: 7-12

Players learn the necessary skills to play games and rally. Beginners start with grip, stance, and swing. By summer's end, kids will be ready to play matches with friends! 6 Classes Min/Max: 3/7

Instructor: Crystal Lake Racket Club Staff
Location: Emricson Park Tennis Courts

7-9 Years, Beginner

Day/Time: M/11:00am-12:00pm

SESSION	PROGRAM #
Jun 07-Jul 12	123301-A

Fee: \$53 Resident /\$73 Non-Resident
Fee as of Jun 1: \$58 Resident /\$78 Non-Resident

10-12 Years, Advanced Beginner

Day/Time: M/12:00-1:00pm

SESSION	PROGRAM #
Jun 07-Jul 12	123301-C

Fee: \$53 Resident /\$73 Non-Resident
Fee as of Jun 1: \$58 Resident /\$78 Non-Resident



YOUTH GOLF

Age: 7-17

Learning the game of golf requires proper coaching, technique, patience and practice. This clinic will provide the basics: foundation (fundamentals), short game and full swing principles to learn the game. If you do not have clubs, please contact Curt prior to class, cpeterson@bullvalleygolfclub.com. 5 Classes Min/Max: 5/20

Instructor: Curt Peterson, PGA Assistant Golf Professional
Location: Bull Valley Golf Club, 1311 Club Road

7-10 Years Beginner

SESSION	PROGRAM #
Jun 03-Jul 01	123111-A

Day/Time: Th/4:00-5:00pm
Fee: \$103 Resident /\$123 Non-Resident
Fee as of May 28: \$108 Resident /\$128 Non-Resident

Intermediate

SESSION	PROGRAM #
Jul 22-Aug 19	123111-C

Day/Time: Th/4:00-5:00pm
Fee: \$103 Resident /\$123 Non-Resident
Fee as of Jul 16: \$108 Resident /\$128 Non-Resident

11-17 Years Beginner

SESSION	PROGRAM #
Jun 03-Jul 01	123111-B

Day/Time: Th/5:15-6:15pm
Fee: \$103 Resident /\$123 Non-Resident
Fee as of May 28: \$108 Resident /\$128 Non-Resident

Intermediate

SESSION	PROGRAM #
Jul 22-Aug 19	123111-D

Day/Time: Th/5:15-6:15pm
Fee: \$103 Resident /\$123 Non-Resident
Fee as of Jul 16: \$108 Resident /\$128 Non-Resident

DISC GOLF

Please see **PAGE 25** for upcoming information about Disc Golf.

YOUTH FITNESS & SPORTS



GIRLS BEGINNER GYMNASTICS

Age: 5-16

A beginner class for girls that builds strength and power on the floor, balance on the beam, speed on the vault, and coordination on the bars. Also included is time on the TumbITrak, a long trampoline that provides all the benefits of tumbling with less wear and tear on the joints.

5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry
Day/Time: M/6:30-7:15pm

SESSION	PROGRAM #
May 03-31	123171-A

Fee: \$95 Resident / \$115 Non-Resident

Fee as of May 3: \$100 Resident / \$120 Non-Resident

SESSION	PROGRAM #
Jun 07-Jul 05	123171-B

Fee: \$95 Resident / \$115 Non-Resident

Fee as of Jun 1: \$100 Resident / \$120 Non-Resident

SESSION	PROGRAM #
Jul 12-Aug 09	123171-C

Fee: \$95 Resident / \$115 Non-Resident

Fee as of Jul 6: \$100 Resident / \$120 Non-Resident

BOYS BEGINNER GYMNASTICS

Age: 5-16

This class will focus on strength building, flexibility and the basics of boy's gymnastics. 5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry
Day/Time: W/6:30-7:15pm

SESSION	PROGRAM #
May 05-Jun 02	123172-A

Fee: \$95 Resident / \$115 Non-Resident

Fee as of May 3: \$100 Resident / \$120 Non-Resident

SESSION	PROGRAM #
Jun 09-Jul 07	123172-B

Fee: \$95 Resident / \$115 Non-Resident

Fee as of Jun 3: \$100 Resident / \$120 Non-Resident

SESSION	PROGRAM #
Jul 14-Aug 18	123172-C

Fee: \$95 Resident / \$115 Non-Resident

Fee as of Jul 8: \$100 Resident / \$120 Non-Resident

TUMBLING

Age: 6-16

This class is designed for boys and girls to learn basic through advanced tumbling skills. Skills include handstands, cartwheels, round-offs, back handsprings, and back tucks.

5 Classes Min/Max: 4/8

Instructor: Corkscrew Staff
Location: Corkscrew Gymnastics, 2309 Ringwood Rd, Suite Q, McHenry
Day/Time: Tu/6:00-6:45pm

SESSION	PROGRAM #
May 04-Jun 01	123211-A

Fee: \$80 Resident / \$100 Non-Resident

Fee as of May 3: \$85 Resident / \$105 Non-Resident

SESSION	PROGRAM #
Jun 08-Jul 06	123211-B

Fee: \$80 Resident / \$100 Non-Resident

Fee as of Jun 2: \$85 Resident / \$105 Non-Resident

SESSION	PROGRAM #
Jul 13-Aug 10	123211-C

Fee: \$80 Resident / \$100 Non-Resident

Fee as of Jul 7: \$85 Resident / \$105 Non-Resident

FLAG FOOTBALL CAMP



Age: 4-7

Join the Woodstock Thunder Coaches and alumni players as they prepare your football player for the fall season with a fun-filled camp! Basic football skills and games will be played in this non-competitive learning environment. Camp t shirt included. 3 Classes Min/Max: 10/40

Location: Emricson Park, Top of sledding hill
Day/Time: W-F/5:30-6:30pm

SESSION	PROGRAM #
Jul 28-30	123291-A

Fee: \$30 Resident / \$45 Non-Resident

Fee as of Jul 22: \$35 Resident / \$50 Non-Resident



T-BALL



BITTIE BALL

REGISTRATION PRIORITY DEADLINE IS TUESDAY, MAY 4TH

REGISTRATION AFTER MAY 4 DOES NOT
GUARANTEE A SPOT ON A TEAM

Fee increases \$15 starting May 5
Age Deadline is August 1

Registration
now in
progress

Attention 6 year olds! We have a program to suit personal abilities and skills. All six year olds have the choice of an additional year of T-Ball or to try their hand at Bittie Ball.



T-BALL

Age: 5-6

Our Tee Ball program is a great way to introduce girls and boys to our national pastime of baseball/softball. Young players learn the basic skills of catching, throwing, and base running without having to face a pitcher. The SafeTee ball is batted from a "tee," and players are off and running. We will provide all equipment except for mitts. Fee includes team cap and shirt. Teams will practice once per week with games every Saturday.



SESSION

May 17-Jun 26

PROGRAM

123491-A

Fee: \$45 Resident / \$65 Non-Resident

Fee as of May 5: \$60 Resident / \$80 Non-Resident

BITTIE BALL

Age: 6-7

This program is designed to help prepare for future upper-level baseball/softball experiences. Participants will play games and practices with a "Coach Pitch" format. Fee includes team cap and shirt. Teams will practice once per week with games every Saturday.

SESSION

May 17-Jun 26

PROGRAM

123501-A

Fee: \$45 Resident / \$65 Non-Resident

Fee as of May 5: \$60 Resident / \$80 Non-Resident



COACHES NEEDED: Parents, we need you! Please e-mail Alan at adunker@woodstockil.gov if you're interested in becoming a volunteer coach! If you are a head coach, the registration fee will be refunded for one child at the end of the season. **A mandatory coach's meeting will be held at the Recreation Center, 820 Lake Avenue, on Tuesday, May 11, at 6:30 pm for T-Ball and 7:30 pm for Bittie Ball.**

MINI HIP HOP

Age: 4-6

Mini Hip/Hop is a fun way to introduce the basics of hip hop and movement. 5 Classes Min/Max: 6/10

Instructor: Emily Sitke
Location: Rec Center MP Room B
Day/Time: Tu/6:00-6:40pm

SESSION	PROGRAM #
Jun 01 - 29	125212-A

Fee: \$52 Resident /\$72 Non-Resident

Fee as of May 26: \$57 Resident /\$77 Non-Resident

HIP HOP

Age: 7-12

Dancers will learn the basics of the latest Hip/Hop moves while working up a sweat. This class is a perfect way to have fun with friends and get out and get moving! 5 Classes Min/Max: 6/10

Instructor: Emily Sitke
Location: Rec Center MP Room B
Day/Time: Tu/6:45-7:25 pm

SESSION	PROGRAM #
Jun 01 - 29	125051-A

Fee: \$52 Resident /\$72 Non-Resident

Fee as of May 26: \$57 Resident /\$77 Non-Resident

BALLET

Age: 5-8

This class offers an introduction of terms and positions. Children will gain confidence in balance and movement and enhance flexibility. Participants should wear comfortable clothes with flexible soled shoes. 5 Classes Min/Max: 6/12

Instructor: Maggie Adams
Location: Rec Center MP Room A
Day/Time: Th/4:30-5:10 pm

SESSION	PROGRAM #
Jun 01 - 29	115031-A

Fee: \$52 Resident /\$72 Non-Resident

Fee as of May 26: \$57 Resident /\$77 Non-Resident



LITTLE DANCERS

Age: 3-5

Your child will learn basic ballet and jazz steps while having fun expressing his/her self through creative movement. Participants should wear comfortable clothes with flexible soled shoes. 5 Classes Min/Max: 6/8

Instructor: Maggie Adams
Location: Rec Center MP Room B

LITTLE DANCERS I

Age: 3-4

Day/Time: Th/3:00-3:40 pm

Th/3:00-3:40 pm

SESSION	PROGRAM #
Jun 01 - 29	115011-A

Fee: \$52 Resident /\$72 Non-Resident

Fee as of May 26: \$57 Resident /\$77 Non-Resident

\$52 Resident /\$72 Non-Resident

\$57 Resident /\$77 Non-Resident

LITTLE DANCERS II

Age: 4-5

Day/Time: Th/3:45-4:25 pm

Th/3:45-4:25 pm

SESSION	PROGRAM #
Jun 01 - 29	115021-A

Fee: \$52 Resident /\$72 Non-Resident

Fee as of May 26: \$57 Resident /\$77 Non-Resident

\$52 Resident /\$72 Non-Resident

\$57 Resident /\$77 Non-Resident



COUNSELOR IN TRAINING

Age: 13-16

Are you looking for something to do this summer? This program will fill your mornings with fun and friends. As a Counselor in Training (CIT), you are responsible for assisting the Playground Program counselors with games, activities, craft projects, and the overall supervision of 4-7 year old children. This program will prepare you for future babysitting jobs, teach you responsibility, and give you a foot in the door for a great job with the Recreation Department a few years down the road. All applicants must attend an informational meeting prior to the program. Deadline to register is Monday, May 24. Daily scheduling is flexible but must be approved with supervisor. Min/Max: 1/22

Location: Olsen Elementary, 720 W Judd St.
Day/Time: M-F/9:00am-12:00pm

SESSION	PROGRAM #
Jun 07-Jul 16	128101-A
Fee:	\$35 Resident /\$50 Non-Resident
Fee as of May 25:	\$50 Resident /\$65 Non-Resident

TWEEN NIGHTS & TWEEN NIGHT EXTREME

Please see **PAGE 7** for Tween Nights and Tween Night Extreme at Woodstock Water Works

TEEN TENNIS

Age: 13-15



Participants with a good understanding of the basics -- ground strokes, volleys, serves -- will love the advanced training that a drill provides. Skills are taught and then reinforced with games that specially emphasize them. 6 Classes Min/Max: 3/7

Instructor: Crystal Lake Racket Club Staff
Location: Emricson Park Tennis Courts
Day/Time: M/5:30-6:30pm

SESSION	PROGRAM #
Jun 07-Jul 12	128301-A
Fee:	\$53 Resident/\$73 Non-Resident
Fee as of Jun 1:	\$58 Resident /\$78 Non-Resident



KEEP YOUR EYE OUT FOR A NEW DISC GOLF COURSE IN EMRICSON PARK THIS SUMMER.

ADULT PROGRAMS

ADULT GOLF

Age: 18 & Up

Learning the game of golf requires proper coaching, technique, patience and practice. This clinic will provide the basics: foundation (fundamentals), short game and full swing principles to learn the game. If you do not have clubs, please contact Curt prior to class, cpeterson@bullvalleygolfclub.com.
5 Classes Min/Max: 5/20

Instructor: Curt Peterson, PGA Assistant Golf Professional
Location: Bull Valley Golf Club, 1311 Club Road
Day/Time: Th/6:30 – 7:30 pm

BEGINNER

	SESSION	PROGRAM #
	Jun 03 – Jul 01	132011-A
Fee:	\$103 Resident / \$123 Non-Resident	
Fee as of May 28:	\$108 Resident / \$128 Non-Resident	

INTERMEDIATE

	SESSION	PROGRAM #
	Jul 22 – Aug 19	132011-B
Fee:	\$103 Resident / \$123 Non-Resident	
Fee as of Jul 16:	\$108 Resident / \$128 Non-Resident	



ESSENTIAL OILS

Age: 18 & Up

Join us to learn about the 100% natural benefits of using essential oils. We will cover what essential oils are, how they work, and how to use them safely and effectively while pregnant, on babies, children, and adults. Learn how essential oils can boost immunity, give you relief from sinus congestion, seasonal allergies, trouble sleeping, swelling, muscle aches, fatigue, headaches, anxiety, digestive issues, and so much more. Class will include an essential oil favorite to go home with! Min/Max: 2/12

Instructor: Tina Scarpelli
Location: Rec Center MP Room
Day/Time: Sa/10:00 – 11:30A

	SESSION	PROGRAM #
	Jun 05	132431-A
Fee:	\$13 Resident / \$19 Non-Resident	
Fee as of May 30:	\$18 Resident / \$24 Non-Resident	

	SESSION	PROGRAM #
	Aug 07	132431-B
Fee:	\$13 Resident / \$19 Non-Resident	
Fee as of Aug 1:	\$18 Resident / \$24 Non-Resident	

ADULT TENNIS

Age: 16 & Up

Players learn the necessary skills to play games and rally. Beginners start with grip, stance, and swing. Intermediate players will isolate certain situations and strategize to perfect them. By summer's end, students will be ready to play matches with friends! 6 classes Min/Max: 3/7

Instructor: Crystal Lake Racket Club Staff
Location: Emricson Park Tennis Courts

BEGINNER

	SESSION	PROGRAM #
	Jun 07–Jul 12	132301-A
Day/Time:	M/6:30–7:30 pm	
Fee:	\$53 Resident / \$73 Non-Resident	
Fee as of Jun 1:	\$58 Resident / \$78 Non-Resident	

INTERMEDIATE

	SESSION	PROGRAM #
	Jun 07–Jul 12	132301-C
Day/Time:	M/7:30–8:30 pm	
Fee:	\$53 Resident / \$73 Non-Resident	
Fee as of Jun 1:	\$58 Resident / \$78 Non-Resident	

SUNSET YOGA

Age: 16 & Up

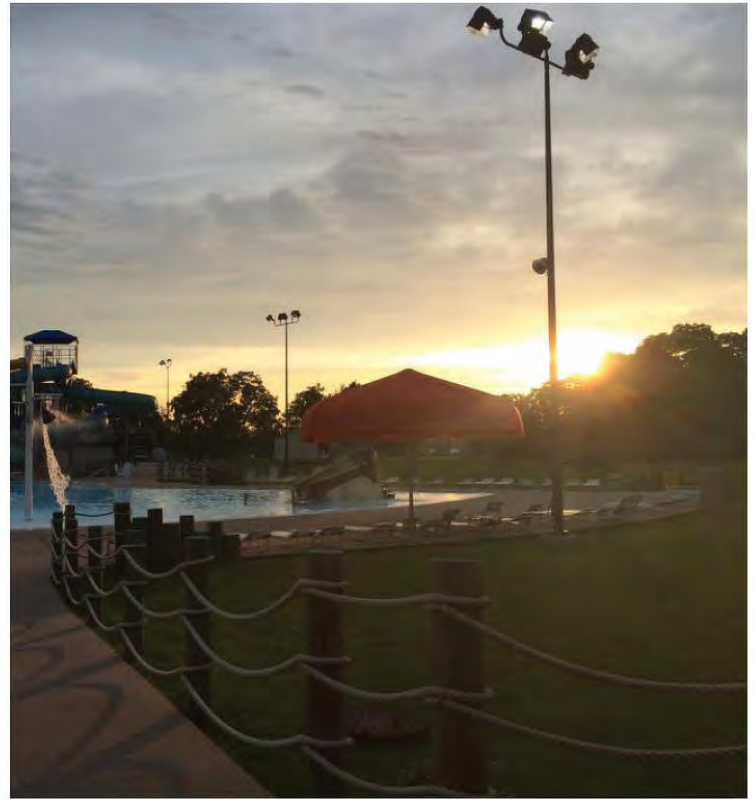
This all-level class will integrate breath and movement to strengthen and relax the body as the sun sets. The class takes place after hours, so no need to worry about getting splashed! All participants are invited to enjoy our iced tea bar to rehydrate and cool off after our practice. Please bring your own yoga mat. Min/Max: 10/30

Instructor: Emily Kunash
Location: Woodstock Water Works
Day/Time: Th/7:30–8:30 pm

	SESSION	PROGRAM #
	Jun 03	132131-A
Fee:	\$15 Resident/\$22 Non-Resident	
Fee as of May 28:	\$20 Resident/\$27 Non-Resident	

	SESSION	PROGRAM #
	Jul 01	132131-B
Fee:	\$15 Resident/\$22 Non-Resident	
Fee as of Jun 25:	\$20 Resident/\$27 Non-Resident	

	SESSION	PROGRAM #
	Aug 12	132131-C
Fee:	\$15 Resident/\$22 Non-Resident	
Fee as of Aug 6:	\$20 Resident/\$27 Non-Resident	



FLOWERS FOR THE 4th

Age: 12 & Up

Put together a fun summer arrangement, just in time for the 4th of July! The class will take place in the grassy area behind the Recreation Center. Min/Max: 6/12

Instructor: Denice Moesch, Park Avenue Flowers
Location: Rec Center MP Room
Day/Time: Sa/10:00–11:00 am

	SESSION	PROGRAM #
	Jul 03	132281-A
Fee:	\$30	
Fee as of Jun 27:	\$35	

FRIDAY AFTER DARK INFORMATION

Please see **PAGE 7** for adults only
 Friday After Dark at Woodstock Water Works



ADULT PROGRAMS



FALL ADULT LEAGUES

Information packets for Leagues will be available July 12 at the Woodstock Recreation Center. Packets will be e-mailed to all past captains. For additional questions on any of the leagues, email Alan at adunker@woodstockil.gov or call at 815-338-4363.

REGISTER YOUR TEAM ON TIME! DEADLINES WILL BE ENFORCED.

A \$50 LATE FEE WILL BE CHARGED FOR ANY TEAMS ADDED AFTER THE DEADLINE.

CO-ED FALL SOFTBALL LEAGUE

Age: 18 & Up

MONDAY

This league is governed by U.S.S.S.A. rules. Teams must field an equal number or more females than males. Completed roster, signed waiver and full payment are required in order to secure a spot in the league. The fee includes a round robin league format and a single elimination tournament with seeds based on the league standings. **DEADLINE to register a team is Friday, August 20 by 5:00 pm.**

A mandatory captain/coach's meeting will be held on Tuesday, August 24 at 7:00 pm the Recreation Center.

Location: Bigelow B & C Fields-Emricson Park
Fee: \$325/Team plus \$10/Non-Resident players
Day/Time: Mon/6:30, 7:30 & 8:30pm
Season Begins: August 30

MEN'S FALL 12" SOFTBALL LEAGUES

Age: 18 & Up

TUESDAY or THURSDAY

This league is governed by U.S.S.S.A. rules. Completed roster, signed waiver and full payment are required in order to secure a spot in the league. The fees include a round robin league format and a single elimination tournament with seeds based on the league standings. **DEADLINE to register a team is Friday, August 20 by 5:00 pm.**

A mandatory captain/coach's meeting will be held on Tuesday, August 24 at the Recreation Center.

"C" League 7:30 pm
"Rec" League 8:00 pm

Location: Bigelow B & C Fields-Emricson Park
Fee: \$325/Team plus \$10/Non-Resident players
Men's "C" League: Tue/6:30pm, 7:30 & 8:30pm
Season Begins: August 31
Men's "Rec" League: Thu/6:30pm, 7:30 & 8:30pm
Season Begins: September 2



CHALLENGE ROAD RUN AND TRIATHLON



The 10th Annual
we.CAN.tri
TRIATHLON

**SATURDAY
JUNE 19, 2021**

Emricson Park
**WOODSTOCK
WATER WORKS**
AQUATIC CENTER

**ADULT TRIATHLON
7 AM START**

400 M Swim
12.4 Mile Bike
and 3.1 Mile Run

**\$60 Individual
\$75 Team**

**CHILDREN'S TRIATHLON
APPROX. 10 AM START**
Start Time After Adult Race

50 M Swim Ages 6-11
100 M Swim Ages 12-14
3.5 Mile Bike Race
and 1 Mile Run

**\$25 Individual
\$30 Team**

**SPRINT AND CHILDREN'S TRIATHLON
WOODSTOCK, ILLINOIS**

REGISTER ONLINE

www.woodstockrecreationdepartment.com
Email we.can.tri.illinois@gmail.com for more info

RUN/WALK TO BENEFIT THE PLAYGROUND PROGRAM

The 44th Annual



**FRIDAY EVENING
JULY 16, 2021**

Emricson Park
WOODSTOCK WATER WORKS
AQUATIC CENTER

In conjunction with
SUMMER IN THE PARK

Pre-Registration Fee (By June 10)

\$25 Adults* • \$15 Youth (17 years & younger)

Race Day Registration Fee (6:30-7:30am Only)

\$35 Adults* • \$20 Youth (17 years & younger)

*Free for adults accompanying kids on the Family Fun Runs

REGISTER ONLINE

www.woodstockrecreationdepartment.com
Email dzinnen@woodstockil.gov for more info

5K Run/Walk

6:30 pm

1-Mile & 1/2 Mile

Kids/Family Run

7:15 pm

Adults Only

9:00 pm

FREE SWIMMING & REFRESHMENTS FOR RUNNERS
& THEIR FAMILIES FOLLOWING THE RACE

45 Floor & Water
Group Fitness Classes
Offered Per Week

Heated Indoor Pool

Cardio & Circuit
Weight Machines

Pickle Ball Court

Personal Trainers

Spin Classes

Full Size
Gymnasium/Track

Racquetball Court

Free Weights
& Rack System

Tanning Bed

Fitness Ropes/Kettle Bells/TRX

Large Locker Rooms

Open Basketball

Open Volleyball

Currently unavailable due to
public health guidelines:

Whirlpool/Sauna

Free Towel Service

Supervised Play Room



REC CENTER HOURS:

Monday–Thursday

Friday

Saturday & Sunday

5:00 am to 9:00 pm

5:00 am to 8:00 pm

7:00 am to 3:00 pm



WOODSTOCK'S MOST COMPLETE FITNESS CENTER

820 Lake Avenue, Woodstock
815.338.4363

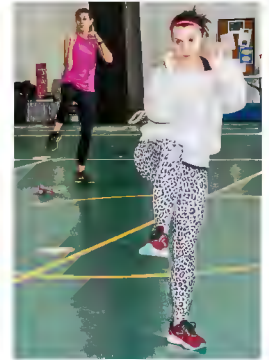
www.woodstockrecreationdepartment.com



WOODSTOCK HEALTH, FITNESS & RECREATION CENTER

WOODSTOCK MOST COMPLETE FITNESS CENTER

820 Lake Avenue • 815.338.4363
www.woodstockrecreationdepartment.com



EXECUTIVE MEMBERSHIP | Use of the entire facility

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount	
1st Family Member	\$45	FREE	\$486	<ul style="list-style-type: none"> Land and Water Group Fitness Classes Tanning Supervised Play Room* Cardio and Circuit Weight Machines Fitness Ropes, TRX and Kettle Bells Free Weights Indoor Pool/Whirlpool* Gymnasium/Walking Track Dry Sauna* Towel Service* Free Fitness Assessment Unlimited Racquetball Court time Lockers
2nd Family Member	\$35	FREE	\$378	
Young Adult (Ages 14-25)	\$30	FREE	\$324	
Youth (Ages 4-13)**	FREE (with parent membership)	FREE	FREE	
1st Senior (62 years & older)	\$35	FREE	\$378	
2nd Senior	\$25	FREE	\$270	

FULL MEMBERSHIP | General use of the facility

	Monthly Dues	Initiation Fee	Annual Rate NO INITIATION FEE & 10% discount	
1st Family Member	\$35	FREE	\$378	<ul style="list-style-type: none"> Cardio and Circuit Weight Machines Fitness Ropes, TRX and Kettle Bells Free Weights Indoor Pool/Whirlpool* Gymnasium/Walking Track Dry Sauna* Lockers/Towel Service* Free Fitness Assessment Unlimited Racquetball Court time Lockers
2nd Family Member	\$25	FREE	\$270	
Young Adult (Ages 14-25)	\$20	FREE	\$216	
Youth (Ages 4-13)**	FREE (with parent membership)	FREE	FREE	
1st Senior (62 years & older)	\$25	FREE	\$270	
2nd Senior	\$25	FREE	\$270	

Family members are defined as parent(s) and dependent children living at the same address.

* Currently unavailable due to public health guidelines.

*** Youth /Children 13 years old and younger must be accompanied by an adult at all times unless in the supervised playroom area during supervised hours.

FITNESS CENTER



820 Lake Avenue • 815.338.4363
www.woodstockrecreationdepartment.com

NON-MEMBER GROUP FITNESS PUNCHCARD

20-Punch Card \$125 (valid for 6 months)

10-Punch Card \$70 (valid for 3 months)

The punch card is for classes ONLY.

Each punch entitles you to one land or water group fitness class.

Classes are included in the Rec Center Executive Membership at no additional charge.



CORPORATE MEMBERSHIP RATES

Tell your employees that you care by promoting their fitness! Help them attain their fitness goals and reduce your company's health insurance costs by providing them the opportunity to become members of the Woodstock Recreation Center at a reduced rate. A minimum of 5 individuals must participate.

Employees of the following companies are eligible to sign up for discounted Corporate Membership rates:

3 Brothers Restaurant
Associated Electrical Contractors, LLC
Charter Dura-Bar
City of Woodstock
Claussen/Kraft
Northwestern Medicine
District 200
Family Health Partnership
Harvard District 50

McHenry County College
McHenry County Conservation District
McHenry County Government Center
MercyHealth
Panera Bread
Pioneer Center
SEAL
St. Mary School
WFRD

For additional information, contact Renée at 815.338.4363 or rtorrez@woodstockil.gov.

DAILY RATE

The daily rate allows full use of the entire facility, including group fitness classes, racquetball court time, tanning and supervised play room.

18 years & older | \$10

Ages 14-17 years | \$5

Individuals 17 years and younger must have a waiver signed by a parent/guardian on file before they can utilize the facility.

Ages 4-13 years | \$5

Children 13 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. Individuals 4-13 years must have a waiver signed by a parent/guardian on file before they can utilize the facility.

Ages 3 years & under | FREE

Children 3 years old and younger must be accompanied by a paying adult at all times unless in the supervised play room. Play room fees still apply.

MEMBER OF THE MONTH

Throughout the year, the Woodstock Rec Center recognizes members that stand out in their commitment, determination and drive to stay fit. Chosen on a monthly basis, these members are highlighted on our wall of fame, receive a unique t-shirt and will be invited to an exclusive party at the end of the year.



BOB STEWART

Robert, who turns 92 this March, has been a member for six years. He brings a smile and a happy hello with him whenever he walks through the front door of the Rec Center.

"I started coming to the Recreation Center in the Winter a few years back, a month at a time, and by Spring I purchased the full year membership. I couldn't imagine not coming here it such a wonderful and motivational place - I am here 6 days a week. The staff is wonderful and I have met so many nice people. I just love it here."



MARIE VOGEL

Marie has been a member of WRC since 2019. She was nominated as the MOTM because of the positivity she brings to the Recreation Center; always supportive of programs and activities, she is friendly & encouraging and is a welcoming face to new members.

"I love the variety of classes the Rec offers. You can take something different every day. The instructors are friendly and challenging. The Rec made me realize I needed to incorporate more strength into my workouts and that strength training doesn't always mean lifting weights. Barre is my favorite strength class. When I do it regularly I can see the results and it is gentle on my body. I'm very glad I joined the Woodstock Rec Center."



DAWN IVERSEN

Members often inspire us and Dawn is one of those members. Dawn and her family are active members in our community and she is an active member at WRC!

Personal Trainer, Molly O'Connor nominated her because "She's been working her butt off in personal training and in group fitness to achieve her goals and it is really paying off. Her determination is inspiring and I love how she is going after her goals with such ferocity. She is definitely a force to be reckoned with this year and I can't wait to see the results."

"There are many reasons I am a member at WRC, but just to name a few: the instructors really are pretty dam amazing!! At any given moment, EVEN ON THEIR OWN TIME, they will help you - answer a question, show you a proper "Side Push Kick" or even a proper lunge. Classes are high energy! And simply just FUN!! Music is great!! Classes are wide variety from Yoga to Kick & Strike - AND instructors ALWAYS give you two options "high" or "low". I have meet SO MANY WONDERFUL people that I can truly call friends. The front desk staff welcomes you with a smile and truly seem excited to see you. I absolutely LOVE the variety of ages that work-out there, from the golden-agers to the youthful ones. Woodstock is truly blessed to have the REC. Thank you for being there for me and my personal work out voyage over the years."

RENT THE REC CENTER



RENT THE REC CENTER ON SATURDAY OR SUNDAY EVENINGS

Large Party Room

Gymnasium

Pool

Wallyball

GREAT FOR:

Birthdays,

Graduations,

Family Gatherings,

Company Outings

Details and fees available at the
front counter.

WRC GROUP FITNESS SCHEDULE

Classes are subject to change monthly. Please check the website/Facebook for changes.

LAND FITNESS

- Masks must be worn while entering, exiting, and walking around the facility. They can be removed when class begins.
- Temperature will be taken upon entrance.
- Bring your own yoga mat, towel, water bottle, and change of shoes.
- There is a maximum of 12 participants allowed in Spin Classes and 10 participants allowed in TRX (First come first served.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
5:30–6:20am GYM	Total Body Strength Kristina	Spin Tony	Total Body Strength Kristina	Spin Tony	Total Body Strength Tony
7:30–8:30am GYM	Zumba® Judy		Line Dancing Judy (Studio)		Zumba® Judy
7:45–9:00am STUDIO		Core Fusion Pam		Multi-Level Yoga Pam	
8:00–8:45am GYM		Spin Carrie	Spin Emily		
9:00–10:00am GYM	Turbokick® Jill	PIYO® Molly	Barre Strength Cindy (9:00–9:30am)	Barbell Strength Molly	Kick & Strike Molly
9:30–10:15am GYM			Werq® Cindy		
9:45–11:00am STUDIO		Basic Yoga Pam			
10:30–11:30am GYM	Lite N Lively Pam		Zumba Gold® Pam	Lite N Lively Pam	Gentle Exercise Pam
5:30–6:30pm GYM	Step Molly	Total Body Strength Tim	Turbokick® Jill	Total Body Strength Tim	
6:45–7:45pm STUDIO			Yoga Anna		

WEEKEND SCHEDULE – Instructors Rotate

	SATURDAY		SUNDAY
		7:30-8:30am MP Room	Yoga
8:00-9:00am GYM	Cardio/Strength	9:00-9:30am GYM	Strength
9:15-10:15am GYM	Dance Fitness	9:30-10:30am GYM	Instructor's Choice

BARBELL STRENGTH – A strength training workout using barbells and adjustable weights. The class is designed to work every major muscle group in your body by also incorporating the use of hand weights, tubing and body bars. **BARBELL EXPRESS** is a condensed version for a quick full body workout.

BARRE STRENGTH – This is a hybrid workout class-combining ballet inspired moves with elements of Pilates, dance, yoga and strength training. The class uses your own body strength and occasional weights or other resistance bands.

BASIC YOGA – Great class for beginners or anyone who wants a slower paced yoga class. We focus on basic classic yoga postures, alignment and breathing techniques. We explore ways to increase strength, increase range of motion and improve balance. At the end of each class we offer a relaxing recovery. Any necessary props will be provided.

CORE FUSION – Your core is more than your abs. We will be using strength moves from Pilates, Yoga and Barre to discover your strongest asset.

GENTLE EXERCISE – Improve your strength, flexibility, balance and mobility. Gentle exercise is a primarily seated class that will give you all the health benefits of exercise in a relaxed and motivating setting. This is a great workout for pre-rehab/rehab individuals and for those who want to increase strength and range of motion.

KICK AND STRIKE – Interval Kickboxing Workout provides an overview of martial arts-inspired, full-body interval workout. This innovative workout incorporates traditional kickboxing combinations, athletic drills and controlled weight-bearing movements that are inspired by stick fighting.

LINE DANCING – Have you ever wanted to be able to join the fun at weddings or clubs when you saw people line dancing? In this program you will learn a variety of line dances that will let you join in the fun.

LITE N LIVELY – A gentle workout with low impact activities and light weight bearing exercises to build strength, stimulate bone growth and improve balance/posture.

MULTI-LEVEL YOGA – Experience a variety of teaching styles in this multi-level yoga class. Yoga offers improved flexibility, strength, balance and the means to learn relaxation techniques to relieve stress. Modifications make this class accessible to all and appropriate props are provided.

PILATES – An exercise that consists of low-impact flexibility and muscular strength and endurance movements. Pilates emphasizes proper postural alignment, core strength and muscle balance helping to build a longer, leaner, stronger version of yourself.

PIYO® –Using your body weight, you'll perform low-impact, high-intensity movements inspired by Pilates and yoga. With PiYo, you'll work every single muscle to help stabilize, stretch, and strengthen every inch of your body, and burn crazy calories while you're at it.

SPIN – Indoor cycling, often also called spinning, is a form of group exercise with classes focusing on endurance, strength, intervals, high intensity and recovery. High intensity cardio and strength, with little to no impact on the joints. Classes can be set to the beat of the music, or similar to riding outdoors, using resistance, RPMs, watts, time and speed.

STEP – A high energy class full of fun and easy “step combos” designed to increase your cardiovascular fitness. Be ready for a great workout. Class winds down with resistance training, core strengthening and stretching.

TOTAL BODY STRENGTH – Get a complete full body strength workout by using a variety of fitness equipment. Move through all planes of motion as you build muscular strength, improve endurance and get into fantastic shape.

TURBO KICK® – Ultimate cardiovascular challenge utilizing kickboxing and hip hop style moves, complete with bouts of intense intervals and specially designed strength and toning sections. Burn LOTS of calories, while having FUN with great moves and awesome music!

WERQ® – A fiercely fun dance-workout class based on pop, rock and hip-hop music. The signature WERQ warm-up previews the dance steps used in class, and the signature WERQ cool down includes balance and yoga-inspired poses. Are you ready to WERQ?

YOGA – A variety of yoga will be offered in this class. We will be flowing through poses to create heat and holding poses to build strength. Balance, stretching, and sometimes a challenge pose added into the mix! Modifications are always offered as well as ways to advance in the poses.

ZUMBA® – Zumba is a fusion of Latin and International music. The routine features aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body. It is a mixture of body sculpting movements with easy to follow dance moves.

ZUMBA GOLD® – When exercise is fun, we are most likely to do it. Join this class and just have fun. No dance experience need. Just great music to go with your moves.

AQUACISE

Classes are subject to change monthly. Please check the website/Facebook for changes.

Reservations are required.

Please call 815.338.363 to reserve a spot

- You can begin to sign up on Mondays for the following Mon-Fri classes.
- There are 6 spots available per class.
- Please be sure to call to cancel your reservation if you are unable to make it to class.
- Bring your own towel and lock for lockers.
- Masks are required when entering and exiting the building & temperature will be taken upon entrance.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00–7:00 am				Judy			
8:00–9:00 am	Jan	Cheryl	Kathy	Waterball Neva	Tara	Aquacise* Instructor Rotates	AquaZumba* Jackie (outdoors only)
10:00–11:00 am		Waterball Tara					
2:00–3:00 pm					Kate		
6:15–7:15 pm	Aquacise* Instructor Rotates						

* Classes will not be held indoors from Saturday, June 5 – Sunday, August 15



OUTDOOR CLASSES

**OUTDOOR CLASSES AT
WOODSTOCK WATER WORKS
BEGINNING SATURDAY, JUNE 5**

AQUACISE

Saturday 8:00–9:00am

Monday 6:15–7:15pm

AQUAZUMBA

Sunday 8:00–9:00am

Classes will be held at the Rec Center if there is inclement weather. Call 815.338.4363 to verify.

YOUTH & ADULT SPORTS ORGANIZATIONS

These organizations provide structured sport opportunities for our community. Although the city works closely with these groups and knows basic schedules and other information, please contact the groups directly for season dates, registration, and general information.

BASEBALL/SOFTBALL

Woodstock Girls Softball: Woodstock Girls Softball is a no-cut program for girls, ages 5-20. Team practices begin in April. The regular season runs from late April - June. Home games are played at Bates Park while away games are played at fields outside of Woodstock. Several "All-Star Tournaments" are played during the month of July to provide a more competitive series of games. WGSL also offers a fall league from the end of August through October. Winter Skills Clinics operate from January until the start of the following season. Potential players and coaches are encouraged to participate in the clinics. Woodstock Storm is also available for 10U and 12U players. This program does require a try-out and tryouts are typically held in August. 10U players need to be registered in the regular Spring/Summer season. 10U will play in 4-7 tournaments throughout the year. 12U will not play in the recreational Spring/Summer season. They will play 7-12 tournaments throughout the year. This program is for those girls who wish to prepare themselves for the higher level of competition involved in high school and includes several Woodstock area high school coaches and assistants. In addition, WGSL recently initiated Illinois SubZero, a full travel program for 14U, 16U and 18U. Illinois SubZero is led by MCC Head Coach Wally Warner. Tryouts are held at the end of July/early August. Additional details are available on the website.

Website: <http://www.woodstockgirlssoftball.org/>
Contact: Please refer to the website for contact information
Email: woodstockgirlssoftball@gmail.com

SportsCity Heatwave: The Heatwave is a travel softball program for players in Woodstock and McHenry County. Heatwave offers competitive travel softball for girls ages 10-18. Teams form in August and play a competitive fall ball season, weekly practice schedule, winter program training (at SportsCity Academy), speed and agility training, competitive spring and summer ball seasons. Our coaches are fully engaged to the development of the young athlete. All athletes will be taught fundamental skill sets, goal setting, meaning of team work and how to compete at the highest level. Players fees include membership to Sportscity Academy in Woodstock, Illinois

Website: www.sportscityacademy.com
Contact: Teresa Neel | 815.388.3299
Contact: Rob Neel | 815.388.3495
Email: rtean@comcast.net

Woodstock Xtreme Softball: This organization is a feeder program for the Woodstock High Schools. We are non-profit dedicated to teach softball fundamentals and life skills through good sportsmanship, leadership, positive coaching, peer and parent communication. Players receive indoor off-season training, competitive play in travel softball leagues as well as regional tournaments. Our playing season is from May- Sept.

Website: www.woodstockxtreme.com
Contact: Josh Nordahl
Email: joshnordahl@yahoo.com

Woodstock Little League : Four programs geared towards providing all an opportunity to play;

- 1) Recreational (Little League) Baseball - For all baseball players age 7-14. The Spring/Summer season runs beginning of April through the end of June.
- 2) Challenger Division Baseball - For all baseball players with special needs. Players can be paired with a buddy to make play more fun. The Spring/Summer season runs May through the end of June.
- 3) Heat Travel Baseball - Competitive travel baseball for 8-16 year old players. Participates in local and regional league play along and tournaments. Indoor practice starts in January and the season runs through July.
- 4) Fall Ball - The league also provides a Fall Season for 1st-12th grade students starting in August and running through October.

Website: www.woodstocklittleleague.org
Email: woodstockillittleleague@gmail.com

For more information visit our website

Woodstock Avalanche Baseball

The Woodstock Avalanche is a travel baseball program for players in D200. Avalanche offers very competitive travel level baseball for players ages 8 -17 years old. Tryouts will be held in August, practices begin in January and games played from April-July. Players receive indoor off-season training, play in the McHenry County Baseball League and area tournaments. Visit our website for more information.

Website: <https://woodstockavalanche.sportngin.com/>
Contact: Tim Oman 847.217.7034
Email: woodstockavalanche@gmail.com

Adult Men's Baseball:

Northern Illinois Men's Senior Baseball League (30 & Up)
Northern Illinois Men's Senior Baseball League (40 & Up)
Northern Illinois Men's Senior Baseball League (50 & Up)

Contact: Jim Smithson 815.338.8706

CHEERLEADING

Woodstock Thunder Youth Cheerleading: The Woodstock Thunder Youth Cheerleading, ages 5-14, is an instructional program that teaches youth girls the fundamentals of cheerleading. This program cheers for the Woodstock Thunder Youth Football League. The season runs late July-November.

Website: www.woodstockyouthfootball.com
E-mail: woodstockyouthfootball@gmail.com

SQUARE DANCING

Woodstock Square Dance Club: The Woodstock Square Dance Club would like to challenge you to learn to square dance. This dance is NOT like the dance you learned in school. You will have the opportunity to have fun and make new friends. Lessons are open to all ages. In just a short time, you will be able to get out on the dance floor and have a good time. Lessons will start on September and January. Look for announcements on our website or in local newspapers.

Website: www.woodstocksquares.wix.com/woodstocksquares
Contact: Christine Steffy | 847.271.2403
Email: woodstocksquares@gmail.com

YOUTH & ADULT SPORTS ORGANIZATIONS

BASKETBALL

Woodstock Hoops Basketball Association: A highly competitive boys' travel basketball program with the goal of preparing players to compete at the Varsity level. The program is open to players in 4th through 8th grade. Tryouts are held each year in October for players in 4th-6th grade and December for players in 7th and 8th grade. The program focuses on team skill development and strives to increase each player's basketball IQ.

Contact: woodstockhoops1@gmail.com
Website: <https://www.facebook.com/WoodstockHoops/>

Woodstock North Jr Thunder Basketball: JTBA is a feeder program for 5th-8th grade boys who will attend Northwood Middle School or Woodstock North High School. The program is designed to prepare players for high school competition. The 5th and 6th graders begin practice in November; the 7th and 8th grade programs begin during Holiday Break at the conclusion of the Northwood Middle School basketball season.

Contact: Dave Zinnen | 815.482.3352
Email: dzinnen@woodstockil.gov

Travel Girl's Basketball: Travel basketball for Woodstock's youth girls grades 5-8.

E-mail: woodstockgirlsbasketball@gmail.com
Contact: Rich Scolio | 847.612.6210

Woodstock Recreation Department's Boys & Girls Developmental Basketball Leagues - Grades 1-6: This program's focus is the introduction of basketball fundamental techniques- dribbling, passing, shooting, rebounding, and defense- along with an introduction to the rules, and game situations. Younger players will shoot at an eight or nine foot basket with an age appropriate size ball to encourage proper shooting technique. Practices occur weekday evenings in the schools with games on Saturday. The 4th, 5th, and 6th grade boys begin in November; the 1st-3rd grade boys and 1st-6th grade girls begin in December. Fee includes skill development sessions, practices and games, reversible jersey, and basketball.

Website: www.woodstockrecreationdepartment.com
Contact: Dave Zinnen 815.338.4363
Email: dzinnen@woodstockil.gov

FOOTBALL

St. Mary's Fighting Irish Football: St. Mary Youth Football program is a competitive/instructional program for boys and girls age 7-14. We have been fielding championship teams since 1926 and play teams in the surrounding communities. The season runs from late July-October and includes weekly practices and Saturday games.

Website: www.stmaryfootball.com
Email: stmaryfootball@outlook.com

St. Mary's Fighting Irish Flag Football: St. Mary Youth Football offers youth flag football for 5 through 8 year olds. We focus on skills and fundamentals for the boys and girl, with games against surrounding communities. If you would like more information please contact us.

Website: www.stmaryfootball.com
Email: stmaryfootball@outlook.com

Woodstock Thunder Youth Football: The Woodstock Thunder Youth Football is a fun/competitive/instructional program for all boys and girls ages 7-14. Woodstock Thunder youth football plays in the TCYFL Football League. The season runs late July-November.

Website: www.woodstockyouthfootball.com
E-mail: woodstockyouthfootball@gmail.com

Woodstock Thunder Youth Flag Football: The program provides young players a fun and exciting opportunity to engage in non-contact, continuous action while learning lessons in teamwork and sportsmanship. It is played in a co-ed 7 on 7, and all players are involved. The season runs from late August-October. Boys and Girls ages 5-7.

Website: www.woodstockyouthfootball.com
E-mail: woodstockyouthfootball@gmail.com

SOCCER

Woodstock United Soccer Association (WUSA) - Recreation & Travel Soccer: Woodstock United Soccer Association is a member of the Illinois Youth Soccer Association (IYSA) providing youth soccer for girls and boys ages 4 - 18 from Woodstock and the surrounding communities.

Recreation Program is for players to learn fundamentals of the game while developing self-esteem, teamwork and a healthy winner's attitude. Age groups U4 - U8 play an in-house schedule; while age groups U9 - U14 play in the Northwest Recreational Soccer League (NRSL) against other recreational programs from the McHenry County area. High school girls play in the Northern Illinois High School Recreational Soccer League, commonly referred to as the Blackmore League. High school boys play in the High School Soccer League (HSSL).

Crossfire Travel Program is a program that takes the players the next step into competitive soccer. Our goal is to emphasize competitive soccer through individual development, team commitment, good sportsmanship, positive attitude and soccer fundamentals to provide our players with the skills to prepare them to play in High School and eventually College. We achieve this by using USSF licensed soccer coaches to organize and train youth travel teams that seek the highest level of team competition at local, state and regional levels.

Website: www.woodstockunitedsoccer.org
Email: info@woodstockunitedsoccer.org

SWIM

The Woodstock Dolphins Swim Team (WDST): The Woodstock Dolphins is a year-round, USA Swimming sanctioned, competitive swim team offering kids ages 5-18 the opportunity to learn and develop competitive swimming technique and skills in an encouraging team environment. Swimmers new to competitive swimming learn to master all four strokes while the advanced competitive swimmers continue to develop speed and endurance. All swimmers will challenge themselves through competition at swim meets throughout northern Illinois and southern Wisconsin. The fall/winter season runs August through February with the summer season running April through July. Our summer season includes local recreation competitions within the North Central Illinois Swim Conference (NCISC). Partial season options are available for swimmers who participate in High School athletics. A TryIt! Orientation Program is offered in August and April for anyone interested in knowing more about our swim team program. Check out our website for more details including registration information.

Website: www.woodstockdolphins.com

WRESTLING

Woodstock Cyclones Youth Wrestling Club: The Woodstock Cyclones Youth Wrestling Club is registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5 to 14 that want to learn the sport of wrestling. We will offer a learning atmosphere that is appropriate for all skill levels and experience ranging from the fundamentals and basic rules of the sport to advanced technique for those wrestlers ready to compete at the highest levels. Registration open on-line in August for the upcoming season that runs November - March.

Website: www.woodstockcyclones.com
Contact: Jr Reyes 815.378.2949
Email: woodstockcyclones@gmail.com

Crystal Lake Wizards Youth Wrestling Club: The Crystal Lake Wizards Youth Wrestling Club has just completed its 25th season and was awarded the designation of one of the Top 50 Wrestling Clubs in the country by USA Wrestling. The Wizards are registered through the Illinois Kids Wrestling Federation and USA Wrestling. We are committed to providing a safe and supportive environment for kids ages 5-14 that wish to learn the sport of wrestling. Our main goal is to introduce wrestling in a competitive but fun environment and to foster a young wrestler's potential through serious commitment. For additional information on the premiere youth wrestling club in northern Illinois, please go to our website.

Website: www.crystallakewizards.com
Contact: Tony Fontanetta | 815.459.3819



Northern Illinois Special Recreation Association

NISRA's mission is: enriching the lives of people with disabilities through meaningful recreation experiences and its values are: Fun, Professional, Innovative, Compassionate and Trustworthy.

Do you know someone with a disability who would like to go out, have fun and make friends? Since 1976, NISRA has provided recreation programs for people with disabilities. Socializing, building physical skills, learning, relaxation and fun are some of the benefits gained from participating in NISRA's year round activities. Sports, fitness, social, cultural, outdoor and preschool programs, along with camps, special events and trips offer enjoyment for children, teens, and adults of all ability levels.

The Woodstock Recreation Department, along with 12 other districts is a member of NISRA. Pick up a brochure at our 820 Lake Avenue office, view it on-line at www.nisra.org or call NISRA at 815.459.0737 to have one mailed to you.

NISRA Staff - NISRA's full time professional recreation staff hold college degrees in Therapeutic Recreation or related fields, along with various certifications. Part-time staff and volunteers help people with disabilities learn new skills and have fun. Do you have a talent to share and some time to give? Contact NISRA to learn more about part-time work or volunteering.

How about a Woodstock Recreation Dept Program?

- NISRA staff assist our staff with including residents with disabilities in our recreation programs. Types of support may include staff training, adapted equipment, sign language assistance or a program aide. Call 815.459.0737 with questions about inclusion, or contact Woodstock Recreation Department to register for a program.

Special Olympics - NISRA provides local Special Olympics training in 15 sports. Athletes develop skills and have the opportunity to compete at district, state, national and international levels. Volunteer coaches and officials are needed for some sports and training is provided.

NISRA...serving residents with disabilities in:

Barrington Park District, Cary Park District, Crystal Lake Park District, Dundee Township Park District, City of Elgin, Hampshire Township Park District, City of Harvard, Huntley Park District, Village of Lake in the Hills, Marengo Park District, City of McHenry, Wauconda Park District, City of Woodstock.

Check out NISRA on the Internet - Log on, check it out and give us your feedback! www.nisra.org.





Chief of Police John Lieb cordially invites you to attend his monthly "Coffee with the Chief" open house to share a cup of coffee and let him know what's on your mind. The informal get-togethers are held the second Monday of every month from 7:00 p.m. to 8:30 p.m. in the Community Room at the Police Department located at 656 Lake Avenue.



Chief Lieb is eager to answer any questions you may have or discuss specific concerns impacting your quality of life in our Community. In addition to Chief Lieb, there is a guest speaker who speaks about his or her job experiences as they relate to the Police Department or the City, or someone from an outside agency or organization that Chief Lieb feels would be of interest or beneficial to "coffee" attendees. Past speakers have included: Woodstock Fire/Rescue District Chief Michael Hill; Suzanne Hoban, Executive Director of Family Health Partnership Clinic and McHenry County State's Attorney Patrick Kenneally.

If you have a topic you would like Chief Lieb to consider for "Coffee with the Chief," please contact Office Coordinator Tamara Reed with your suggestions at **815.338.6787** or at treed@woodstockil.gov.



WHO IS YOUR POLICE BEAT OFFICER?

The Police Department has divided the City of Woodstock into four geographical areas for its Permanent Beat Officer Program. These areas, or police beats, have Officers assigned to them on an annual basis. The program allows Officers to get to know their individual beat and the residents who live and work there and to become familiar with the problems and concerns specific to that area. Officers have been trained in various Community Policing and Problem Solving Policing concepts and strive to work with the residents of their police beat for safety, service and problem resolution.

Some of the projects that the Permanent Beat Officers continue to work on include: gang graffiti eradication; parking enforcement in and around the Square; dog owners and leash laws; youth riding bicycles and skateboards on the Square; and analyzing traffic crash data on Route 47 to identify problem areas.

Residents may contact their beat Officers at any time by phone (815-338-2131); mail (656 Lake Avenue) or email (either use the first initial of your Officer's first name and his entire last name plus @woodstockil.gov or direct it to your specific beat number as in PBO21@woodstockil.gov).

Beat 21 Officers are Ivan Carreno (M), Andrew Reitz (D) and Fred Eiselstein (A). Beat 22 Officers are Mark Kivley (M), Hector Meza (D) and Lucas Schmidt (A).

Beat 23 Officers are Daniel Henry (M), Paul Farnum (D) and David Dempsey (A). Beat 24 Officers are Brett Muehlfelt (M), Adam Fischer (D) and Spenser Svehla (A).

M = Midnight Shift 12:00 A.M. to 8:30 A.M.

D = Day Shift 8:00 A.M. to 4:30 P.M.

A = Afternoon Shift 4:00 P.M. to 12:30 A.M.

Specific Patrol Sergeants have been assigned to each beat to better coordinate the efforts of the Permanent Beat Officers. They are as follows:

Beat 21 Sergeant Robby Branum
Beat 22 Sergeant Jeremy Mortimer
Beat 23 Sergeant George Kopulos
Beat 24 Sergeant Joshua Rapacz

For questions regarding the Permanent Beat Officer Program, please contact Deputy Chief Arthur Ray Lanz at **815.338.6787** or at alanz@woodstockil.gov.

START A NEIGHBORHOOD WATCH PROGRAM

The Woodstock Police Department assists neighborhoods in forming "Neighborhood Watch" programs. For more information, please contact Sergeant Rob Branum at 815-338-2131 or at rbranum@woodstockil.gov.



PEDESTRIANS

No matter what the season, motorists need to be mindful of the pedestrian's right-of-way at crosswalks. The Illinois Vehicle Code 625 Section 5/11-1002 states, "When traffic control signals are not in place or not in operation the driver of a vehicle shall stop and yield the right-of-way, slowing down or stopping if need be to so yield, to a pedestrian crossing the roadway within a crosswalk..."

The Woodstock Police Department urges motorists to be alert for pedestrians both on City sidewalks, and the pathways in City Parks, and yield to pedestrians as required by Illinois Law.



SENIOR CITIZEN CALL-IN PROGRAM

It is understood that many Senior Citizens within our Community live alone without the benefit of a local family member to check on them frequently. In an effort to provide peace-of-mind and a sense of well-being for our Community's Seniors, the Police Department offers the Senior Citizen Call-In Program.

To be eligible to participate in the program:

1. A person must be sixty-five (65) years of age or older.
2. A person must live alone in a single-family residence (which includes townhomes, apartments and condominiums) which is not part of any senior citizen facility, senior citizen assistance organization or any other organized assisted living program or situation.
3. A person who has no immediate family residing within McHenry County, Illinois.



Those eligible to enroll in the program will need to complete a simple and confidential one-page application form as well as executing a waiver form. It will additionally be necessary that the participating Senior Citizen provides the Police Department with a key to their residence to be used in the event of an emergency. This key will be securely stored in a locked box at the Police Department.

Once accepted into the Program, the Senior Citizen is responsible for calling the Police Department Communications Center between the hours of 6:00 a.m. and 10:00 a.m. each and every day of the week. If this call is not received by 10:00 a.m., a Telecommunicator will call the Senior's residence to check on their well-being. If there is no answer at that time; a Police Officer will be sent to the residence and, using the key provided, will ascertain whether or not help is needed.

Senior Citizens interested in obtaining an application to be considered for participation in the program are encouraged to contact Office Coordinator Tamara Reed at 815.338.6787 during the hours of 8:30 a.m. to 5:00 p.m. Monday through Friday.

SIREN SYSTEM

The City of Woodstock operates two audible warning systems designed to assist citizens in protecting themselves from weather related hazards.

The City of Woodstock has three lightning prediction systems in operation within the City's Park system. Lightning prediction systems scientifically predict the probability of a lightning strike, including the very first strike unlike a detection system which provides a warning based upon the actual occurrence of a lightning strike after the fact. These systems are located at Sullivan Field in Emricson Park with a remote system at the Woodstock Water Works Aquatic Center facility, at the athletic fields in Bates Park, and at the Davis Road Soccer complex. Even though these systems are in place, it is important to seek shelter anytime lightning is a threat, even if a signal has not been sounded. When the lightning prediction system does activate, park users are to suspend recreation activities immediately and seek shelter in a large building or automobile.

These systems will sound an audible 15 second horn blast when lightning is predicted. At the same time a visual strobe light will begin flashing and remain flashing until safe conditions are detected. Activities can be resumed only after three - five second blasts of the horn are sounded and the strobe light stops flashing.

The City of Woodstock has five outdoor emergency warning sirens which are located at Bates Park, Emricson Park, First Street, Lake Avenue, and McConnell Road. The sirens are in place to be used to announce the approach of a tornado to the community. When activated, the sirens will sound for a three minute period. There is no all clear siren activated for the outdoor emergency warning siren system.

The purpose of these sirens is to help warn residents who are outside, that they should take cover immediately. The sirens are not intended for, nor do they have the capability of, warning all residents particularly those who are inside their homes or businesses. All citizens should monitor updated information by radio, television, internet and telephone devices anytime that the forecast includes the possibility of the development of severe weather in the area.

The outside emergency warning sirens are generally sounded only when a confirmed funnel cloud is aloft, or when a tornado has been sighted on the ground within an expanded boundary of the City of Woodstock. Therefore, the sounding of a siren designates an immediate threat and the need to take cover immediately.

It should however be noted that the sirens are tested on the first Tuesday of every month at 10:00 a.m. The sirens will sound briefly during that time.

In conclusion:

- Outdoor emergency warning siren: 3 minute activation when tornado sighted in immediate area of Woodstock. No all clear siren activation. Monitor radio, television, etc. for further severe weather information.
- Lightning prediction system: 15 second horn blast and visual strobe light will flash and continue flashing until safe conditions are detected. Activities can resume only after 3 -5 second blasts of horn and strobe light stops flashing.

2020 Annual Water Quality Report

2020 Annual Water Quality Report Please go to www.woodstockil.gov/waterqualityreport to view the 2020 Annual Water Quality Report and learn more about your drinking water.

This report contains important information about the source and quality of your drinking water during 2020. If you would like a paper copy of the 2020 Annual Water Quality Report mailed to your home, please contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118, Monday through Friday, 8:30 am to 5:00 pm.



The logo features the words "Stronger Together" in a white, sans-serif font. The word "Stronger" is stacked above "Together". The letter "O" in "Together" is stylized, with a circular arrow looping around it, symbolizing strength and unity.

NATIONAL PUBLIC WORKS WEEK – “Stronger Together”

Communities nationwide will celebrate National Public Works Week from May 16-22. This year’s theme is “Stronger Together”. Infrastructure, growth, security and quality of life all begin with public works and the City’s 46 trained professionals whose duties include, but are not limited to:

- Pumping and treating an average of 2.4 million gallons of water per day.
- Treating an average of 3.6 million gallons of sanitary sewage per day.
- Maintaining 125 miles of water main, 107 miles of sanitary sewer main, 20 lift stations, 83 miles of storm sewer, 2,200 catch basins and 2 water pressure booster stations.
- Provides fleet maintenance services for all City-owned vehicles and equipment. This currently includes 80 vehicles and 57 pieces of equipment.
- Snowplowing and maintaining over 117 centerline miles of streets.
- Maintaining over 525 acres of park land.
- Providing engineering and administrative services to our residents.

HYDRANT FLUSHING

The City’s Department of Public Works will flush hydrants again this spring as a preventive maintenance measure. Spring and fall hydrant flushing are completed for several reasons:

- Flushing serves to test fire hydrants making sure adequate flow and pressure is available.
- Flushing removes sediment from water mains in order to maintain drinking water clarity and quality.
- Sewer & Water Maintenance Division employees take this opportunity to visually inspect each hydrant and note any needed repairs.

During this time, residents are encouraged to perform their own preventive maintenance by checking their supply line to their washing machines. If it is corroded or damaged, it needs to be replaced before hydrant flushing begins to ensure there is no further damage due to changes in pressure in the water system.

Hydrant flushing can result in discolored water; however, the water is safe to drink. If this should happen, run your **cold** water tap a few minutes until the water retains clarity. If it does not clear the first time, wait an hour or so, and run the water again. **You should not wash clothes when hydrants in your area are scheduled to be flushed.** Hydrants are flushed Monday through Friday on the following schedule:

ALL HYDRANTS WEST OF IL ROUTE 47

May 3 - 11

ALL HYDRANTS EAST OF IL ROUTE 47

May 12 - 20

USE OF FIRE HYDRANTS

The use of all fire hydrants within Woodstock’s city limits is limited only to the Woodstock Fire Rescue District and City personnel. The hydrants are maintained by Public Works and their use is limited to the WFRD during an emergency. Fire hydrants may not be used for filling pools, establishing landscaping or local construction projects. These improper uses can damage the City’s water infrastructure and may cause water quality issues for residents. Contractors interested in a **non-potable** source of water may contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118.

PUBLIC WORKS

OLSON PARK SPRAY POOL HOURS

During the summer months, Woodstock's children have an opportunity to enjoy a unique spray pool amenity located in Olson Park at the corner of Clay Street and Bagley Street. In keeping with the City's policy of water conservation education and implementation, staff will turn on the spray pool between the hours of 11:30 am and 3:00 pm, **when the air temperature is 80 degrees or higher**. Questions? Contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118

PARKS HOURS AND RULES:

Emricson Park

(900 West South Street)

It shall be unlawful for any person to be present in Emricson Park between the hours of 11:00 pm (or not more than 15 minutes following the completion of a city-approved recreational activity {whichever is later}) and 5:00 am.

Bates Park

(1450 North Seminary Avenue)

It shall be unlawful for any person to be present in Bates Park between the hours of 10:00 pm (or not more than 15 minutes following the completion of a city-approved recreation activity {whichever is later}) and 5:00 am.

Sesquicentennial Park

(106 Church Street)

Park in the Square

(100 Main Street)

It shall be unlawful for any person to be present in Sesquicentennial Park or Park in the Square between the hours of 11:00 pm (or not more than 15 minutes following the completion of a city-approved recreation activity {whichever is later}) and 5:00 am. Pedestrian traffic is allowed during prohibited hours provided that pedestrians traverse the Park without stopping or loitering.

All Other Park Sites

It shall be unlawful for any person to be present in all other municipally-owned parks within the City between dusk and dawn (or not more than 15 minutes following the completion of a city-approved recreational activity {whichever is later}) and 5:00 am.

For more information on the City's parks, including amenities at each location, and pavilion rentals, please visit <http://www.woodstockrecreationdepartment.com/recreation> and select 'Parks'.

BLOCK PARTIES

Block parties are an excellent opportunity for neighborhood residents to enjoy a summer weekend and to get to know each other better. Whenever possible, the City encourages these neighborhood activities by providing supplies such as barricades to close the street, picnic tables, and trashcans for the party's refuse. The City cannot close major streets for block parties and residents are strongly encouraged to request City approval before final plans are made. City approval is required to close a street for a block party and the block party application must include the approval of every resident impacted by the closing of a street. Residents may contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118 for more information. Applications can also be obtained online at www.woodstockil.gov, under Your Government/Public Works/Forms/Block Party Request form.

STYROFOAM RECYCLING

The Environmental Defenders of McHenry County offer a Styrofoam collection site behind the Department of Public Works at 326 Washington Street. Recyclers can deposit Styrofoam in the aluminum shed which is filled with receptacles to accept expanded polystyrene and packing peanuts only. Drop off is available Monday through Friday, between the hours of 7:30 am and 3:00 pm.

In order to be properly recycled, Styrofoam must be in pristine condition.

STYROFOAM CANNOT HAVE:

- Tape, labels, glue, or any other materials stuck to it.
- Food condiments or waste stuck to it.

Volunteers from the Defenders regularly collect Styrofoam left for recycling and manage the program. For more information, please contact the Environmental Defenders of McHenry County at envirodefmc@gmail.com or 815.338.0393 or visit <http://mcdef.org/recycling-drives-mchenry-county-for-more-information>.



SAFETY TIPS FOR DRIVERS

Throughout the year, the Department of Public Works is involved in a variety of activities on the City's roadways. Activities might include but are not limited to: street sweeping, maintenance of storm and sanitary sewers, excavation, right-of-way mowing, tree maintenance, and/or asphalt maintenance. Below are some tips to keep yourself, and those operating in a work zone, safe.

- **SLOW DOWN AND KEEP BACK.** Leave plenty of room for equipment and workers to operate. Two car lengths is a good rule of thumb.
- **BE PREPARED TO STOP.** City equipment may need to move at much slower speeds than other vehicles, and operators may need to stop frequently.
- **MAKE EYE CONTACT.** If you are unsure what a piece of equipment or a worker is about to do, wait and make eye contact – they may finish the task, or if it is safe to do so, they may stop and wave you through before continuing their work.
- **TEACH CHILDREN TO STAY BACK.** Although children generally find heavy equipment fascinating, the safest place for them to observe is from the yard or sidewalk and away from the work zone.
- **STAY OFF ELECTRONIC EQUIPMENT WHILE DRIVING.** It goes without saying if you are looking at an electronic device while driving, you are putting everyone in your vehicle, as well as those in or near any maintenance area in serious danger (not to mention in Illinois, cell phone use is prohibited while driving – and fines are even higher in school and construction zones).

WOOD CHIPS AVAILABLE TO RESIDENTS

Residents may pick up wood chips, free of charge, behind the Department of Public Works facility at 326 Washington Street. Please be sure to bring your own container(s) and shovel for loading. For more information, please contact the Department of Public Works at pwdept@woodstockil.gov or 815.338.6118

RIGHT-OF-WAY OPENING PERMITS REQUIRED

The City of Woodstock requires the issuing of a Right-of-Way Opening Permit before a resident or contractor begins work within the public right-of-way. Types of activities requiring a Right-of-Way Opening Permit may include, but are not limited to: planting a tree, replacing or installing a new driveway approach, replacing public sidewalk, re-grading the tree bank area or repairing a water or sewer service. Permit applications are available online at www.woodstockil.gov/publicworks under forms. Completed permits should be submitted to the Department of Public Works at 326 Washington Street or pwdept@woodstockil.gov. Please note, Illinois state law requires contacting JULIE before any digging project begins, no matter how big or small the project may be. Use their online request system at www.illinois1call.com, or call JULIE's toll free number 800.892.0123

SANITARY SEWER BACKUPS

A sanitary sewer backup into a home can occur without warning due to a number of reasons, including a collapse or blockage of the private sewer service (tree roots, debris, grease, etc.), storm water infiltration or a blockage in the City's sewer main. It is important that as soon as a backup occurs, the property owner contact the City to inspect its main. If the blockage or problem is found in the city's main, there is no fee to remove it. However, if it is found in the private sewer service, the property owner will be advised to take the necessary steps to alleviate the backup and/or repair the damage.

Residents experiencing a sanitary sewer backup Monday through Friday, between 8:30 am and 5:00 pm, should immediately contact the Department of Public Works at 815.338.6118. Outside of these hours, please use the Woodstock Police Department non-emergency number, 815.338.2131 and a Public Works employee will be dispatched.

2020: WHATTA YEAR

It's all been said too many times before, but the COVID-19 pandemic of 2020 truly changed the life experience of every single one of us. It's difficult to imagine any other event, before or since, that will have quite that degree of common human impact.

While public events have necessarily been drastically reduced throughout the year, with staff often working remotely or waiting for their duties to return to shuttered venues, the business of public service continues at full speed. In the past year, the efforts of City Administration and staff have resulted in several accomplishments that helped secure Woodstock's economic stability and demonstrate the City's leadership role in McHenry County.

These include the following grants made available for the benefit of the community at large:

\$75,000 was awarded by Community Foundation for McHenry County to develop Woodstock's Age-Friendly Action Plan; \$280,000 in low-interest loans were issued—and ultimately forgiven—to assist Woodstock businesses that were negatively impacted during State lockdown restrictions; \$300,000 was earned from the Department of Commerce & Economic Opportunity and the CURE-ES Program, and added to \$200,000 from the City's reserves, making sub-grants of up to \$35,000 available for 28 local restaurants and bars. In addition, the CARES/CURE Act allocated set amounts to every municipality in Illinois, and, after mastering the challenging application process, Woodstock was able to claim reimbursement for COVID-related expenses in the amount of \$1,053,107. Further pandemic-related expenses have been submitted, with initial reimbursement expected for \$87,679, and more in the year ahead.

While the City remains in good fiscal condition for this year, thanks to these collective efforts, the coming year still remains difficult to predict. Major development projects requiring budgeting include:

- **Street Repair Program Continuation**—During the lengthy recession experienced over the past decade, the City made a conscious decision to reduce the City's 16% portion of residents' annual property tax bill and not take yearly increases that were allowed by the State's PTELL law. This resulted in substantial savings for homeowners, reducing the City's portion of annual property tax bills by as much as \$100 per home in many years over the past decade.

- Coming out of this long recessionary period, followed closely by the past year's pandemic losses, the City faces significant questions in anticipating capital improvement funding resources. The City maintains a very tight control on expenses; however, the unprecedented impact on revenues, still in effect a year later, means new resources for the street repair program.

- To proceed with essential improvements to Woodstock's 117 center miles of aging streets, a \$10 million bond program was developed in 2020, using an engineering strategy that will extend the life of our streets and save thousands of dollars in future repairs. Now, additional funds are needed to repair the more cost-intensive "failed" streets, ones that require much greater effort and investment to effect more comprehensive improvements. Several options are under consideration by City Council and will be voted on in public meetings in the months ahead.

- **IL Route 47 Expansion**—the State has funded \$57 million for basic construction of this long-awaited project; however, significant capital funds are still required from Woodstock to include desired lighting, landscaping and pavement amenities. The City is earmarking funds for this need, but pandemic losses may reduce available funds in the near term, with allowed uses & timing of additional federal relief funds.

- **Old Courthouse & Sheriff's House**—with professional guidance. Staff was able to competitively secure almost \$2 million in Historic Tax Credit funding from the State of Illinois. This means the buildings could undergo substantial interior demolition and restoration beginning next fall, to make way for banquet facilities and an expanded Public House, Ethereal Confections, and Milk House ice cream shop. Woodstock Public Library plans to take over the art gallery space being vacated by Northwest Area Arts Council and create a more accessible public gallery and Makers Space. Building plans do include a new shared elevator access on the Throop Street side.

- **Neighborhood Revitalization Strategic Area (NRSA)**—funded by HUD-based Community Development Block Grant money, this community development project will offer financial support, materials and/or assistance to make home repairs and infrastructure improvements

in a 15-block area on Woodstock's east side. Planned to launch last fall, the project was pushed back by McHenry County Planning Department partners due to Federal CDBG funding delays so is now planned for fall of 2021.

- **METRA Warming Shelter**—Metra has budgeted for a new Warming Shelter for Woodstock that would be located on the East side of the tracks where passengers wait for train service to Chicago and points East. City staff would manage this construction project but the funding would be paid by Metra and is scheduled to begin later this year. This follows major restoration of the historic Woodstock Train Station facility on the west side of the tracks that was completed with funding by Union Pacific and Metra this past winter.

The City's Economic Development Department remains working in full capacity, with numerous inquiries weekly to site new or expanded business and residential projects here. Certainly 2021 looks filled with promise for many brighter days ahead!



Woodstock Willie was masked and ready to greet his loyal fans in spite of this year's socially-limiting Groundhog Days event. Be sure to come visit him next year for a bigger and better 2-2-2022 celebration!

WOODSTOCK EARNS RECOGNITION FOR OFFERING DIVERSE WORKFORCE OPPORTUNITIES

The spirit of Age-Friendly inclusivity and value found in supporting workplace diversity is demonstrated by Woodstock's showing in the Northwest Herald's recent **2020 McHenry County Top Workplace Readers' Choice Awards**.

The City of Woodstock was named Top Municipal Workplace for 2020—for the Third Year in a row!

Woodstock Opera House was given further recognition as One of the Top Workplaces for Seniors, while **Woodstock Recreation Center** was named One of the Top Workplaces for People with Special Needs, and **Woodstock Police Department** was named One of the Top Workplaces for Veterans.

The City of Woodstock takes pride in maintaining a high-quality professional staff and experiences limited turnover. In addition, new staff positions are not currently budgeted for 2021, given anticipated revenue deficits from the past year's continuing pandemic losses to corporate, retail and personal income. However, retirements do occur, and seasonal and limited part-time openings happen annually. Available positions are currently posted on the City's website at www.woodstockil.gov under the Jobs button shown on the homepage. Check in frequently and send us your application for posted positions or provide an interest card and resume to see what our award-winning workplace might have to offer you!

AGE-FRIENDLY WOODSTOCK: COMMUNITY INSIGHTS FOR RESIDENTS OF ALL AGES

The generation known as Baby Boomers, those of us born 1946-1964, represent a group of adults that will increase dramatically in the next decade. The statistics are impressive, if not somewhat alarming:

- 10,000 people in the US are turning age 65 every day for the next 10 years.
- Woodstock's Aging Adults 65-74 will increase almost 40% in the next 10 years; the number of our Aging Adults 75+ will increase over 50%.

And...

- By 2030, there will be more older people in this country than younger people, for the first time in history. This necessarily shifts planning priorities for infrastructure, housing, transportation, recreation and services.

However, in terms of economic impact...

- Aging Adults 50+ control 71% of the nation's wealth and 51% of consumer spending.

In addition to contributing financial resources for travel and shopping, Aging Adults offer tremendous skills and available time to share for community events and volunteer efforts. Planning to serve this documented change in social structure means turning a potential problem into an exciting opportunity.

To this end, over 500 US cities have signed on to AARP's Age Friendly Livable Community program, a planning process that encourages modifications to longstanding policies and programs by looking at current offerings through an *Age Friendly lens*.

Woodstock is one of nine designated Age-Friendly Illinois communities thus far, along with Evanston, Arlington Heights, River Forest, Mt. Prospect, Calumet, Peoria, Champaign, Urbana, Danville, and Alton. Woodstock is also participating in the Metropolitan Mayors Caucus Age Friendly Community Collaborative, sharing resources, policy and program ideas with a group of 40 Chicago-area cities and agencies.

Recognizing the broad-reaching societal benefit found in the Age-Friendly program, Woodstock was awarded a 2020 Transformational Grant of \$75,000 from Community Foundation for McHenry County to develop our Age Friendly Livable Community Action Plan. NIU's Center for Governmental Studies was engaged and has spent the past several months surveying and interviewing community



members for valued input. The final report, with actionable goals and strategies, will be shared with Woodstock City Council and with the entire community this spring.

A priority area of research and discussion involves increasing options for Lifelong Housing. The past year has seen tremendous demand for single family housing in this area, as new residents look to exit more populated urban areas. Many older residents are ready to downsize and make their family style homes and yards available, but few options exist for their relocation in this area.

80% of Aging Adults want to age in place, or age in community; however, developers are not yet serving this market by building smaller living options with Universal Design features. Such features typically include: no-step entry, 36" doors and hallways, lever door handles, rocker light switches, grab bar studs in no-step showers. Also under consideration are changes to regulations for ADUs, or Auxiliary Dwelling Units, sometimes called "granny flats". These regulations allow would remodeling a vacant attic, basement or garage space, or use of a detached "coach house," to accommodate a caretaking relative, or even the aging homeowner, who could rent the existing home for needed income. Additional NIU study areas may confirm support for developing a centralized Aging Adults information hub; a drop-in gathering spot for socialization; a mentor program; and an intergenerational playground concept, to name a few.



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DIRECTORY

CITY BOARDS AND COMMISSIONS

The City of Woodstock relies upon input from residents who serve on boards and commissions on a volunteer basis. Residents interested in serving may contact the Mayor's Office at 815.338.4302. A complete list of boards and commissions and their meeting dates are listed below:

Arts Commission	TBD
Board of Building Construction	As needed
Cultural & Social Awareness Commission	Quarterly
Economic Development Commission	2nd Tuesday
Electrical Commission	As needed
Environmental Commission	As needed
Board of Fire and Police	Quarterly
Historic Preservation Commission	4th Monday
Library Board	1st Thursday
Old Courthouse & Sheriff's House Advisory Commission	3rd Monday
Opera House Advisory Commission	As needed
Parks and Recreation Commission	2nd Tuesday
Plan Commission	4th Thursday
Police Pension Board	Quarterly
Transportation Commission	3rd Wednesday
Zoning Board of Appeals	2nd Monday/As needed

CITY COUNCIL

Mayor Michael A. Turner	815.338.4302
Council Member Darrin Flynn	815.321.4485
Council Member Lisa Lohmeyer	815.321.4481
Council Member Tom Nierman	815.321.4479
Council Member Wendy Piersall	815.321.4484
Council Member Bob Seegers, Jr.	815.321.4482
Council Member Gordie Tebo	815.321.4483

RECYCLING BINS AVAILABLE AT CITY HALL

With the wide variety of materials that Woodstock residents can recycle through MDC Environmental Services, some households may need more than one recycling bin. If you need additional recycling bins, they are available at the information desk located on the first floor of City Hall. Two styles of containers are available: a carry-style bin for \$10.88 + tax (19 gallons), and a slightly-used wheeled recycling toter for \$32.00 + tax (65 gallons).

Residents are encouraged to print their street addresses clearly on the bins. Hopefully, any found bins will then be returned to the correct house if the bins blow away.



CITY PHONE DIRECTORY & EMAIL DIRECTORY



City Hall General Information	815.338.4300
City Manager Roscoe Stelford	815.338.4301 citymanager@woodstockil.gov
Assistant City Manager/Finance Director Paul Christensen	815.338.4300 pchristensen@woodstockil.gov
Building & Zoning Director Joe Napolitano	815.338.4305 jnapolitano@woodstockil.gov
Dial-A-Ride	815.338.5240
Economic Development Director Garrett Anderson	815.338.3176 ganderson@woodstockil.gov
Human Resources Director Deb Schober	815.338.1172 dschober@woodstockil.gov
Information Technology Director Dan McElmeel	815.338.4300 dmcelmeel@woodstockil.gov
Library Director Nick Weber	815.338.0542 nweber@woodstockil.info
Mayor's Office	815.338.4302 mayor@woodstockil.gov
Opera House Managing Director Daniel Campbell	815.338.4212 dcampbell@woodstockil.gov
Opera House Box Office	815.338.5300
Police Chief John Lieb	815.338.6787 jlieb@woodstockil.gov
Public Works Director Christina Betz	815.338.6118 cbetz@woodstockil.gov
Recreation Director Dave Zinnen	815.338.4363 dzinnen@woodstockil.gov
Water and Sewer Billing	815.338.4300 waterbilling@woodstockil.gov